

## CROATIA & MONTENEGRO with Bosnia-Herzegovina

### Experiential Adriatica

**15 days**

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#### Day 1 Arrival in Zagreb

Today we arrive in Zagreb, capital of Croatia.

From its intriguing architecture to nearby natural havens, this underrated European capital has something for everyone. Unlike most western European capitals, Zagreb's cityscape is a fascinating mixture of classic Austro-Hungarian architecture and gritty socialist structures. With an electric mix of Italian, Turkish, and Austro-Hungarian influences, even the "coffee culture" here is steeped in history.

Overnight in Zagreb.

Included Meal(s): Dinner, if required.

#### Day 2 Zagreb City Touring

Zagreb began as two rival settlements on adjacent hills — fortified Gradec to the west and ecclesiastical Kaptol to the east, separated by a stream and centuries of mutual suspicion. Officially merged in 1850, they retain distinct characters that a morning on foot reveals with satisfying clarity.

We begin at Ban Jelacic Square, where the equestrian statue of 19th-century governor Josip Jelacic marks the boundary between Zagreb's medieval upper town and its elegant lower boulevards. Dolac Market operates just above the square, its red umbrellas sheltering vendors selling mountain cheeses, cured meats, and seasonal produce since 1930.

Ascending to Gradec, we pass through the Stone Gate — sole survivor of the town's four medieval entrances, home to a painting of the Virgin Mary that emerged unscathed when fire destroyed the gateway in 1731. St. Mark's Church crowns the hill, its tiled roof displaying medieval coats of arms above the square where Parliament and the baroque Ban's Palace face each other. We descend to Kaptol and Zagreb Cathedral, whose neo-Gothic twin spires have anchored the skyline since the medieval settlement's earliest days, rebuilt repeatedly after Mongol invasion, earthquake, and war.

Our tour concludes at the Croatian Natural History Museum, reopened in 2024 after extensive post-earthquake renovation. The historic Amadeo Palace now houses 39 interactive halls including the famous Krapina Neanderthal collection — among the most significant Neanderthal remains ever discovered, found just 50 km from Zagreb in 1899 and still reshaping understanding of Neanderthal behaviour — and an atrium Rock Map constructed from Croatia's own geological materials.

The afternoon is yours. Zagreb's cafe culture rewards unhurried sitting.

Overnight in Zagreb.

Included Meal(s): Breakfast and Dinner

#### Day 3 Zagreb - Plitvice National Park Hike

Not every day on this journey belongs to empire. Plitvice is the exception — a UNESCO World Heritage landscape shaped entirely by water, gravity, limestone, and time, with no interest in human history whatsoever. It is also one of the most visually arresting places in Europe, and no amount of advance knowledge quite prepares you for the first view of sixteen terraced lakes cascading through forested karst terrain in colours that seem implausible until you're standing above them.

The lakes run turquoise, emerald, and deep blue depending on depth, mineral content, and the angle of light — all a consequence of the calcium carbonate that dissolves from the limestone and resettles as travertine barriers, continuously reforming the landscape in slow motion over 10,000 years. The barriers grow, shift, and occasionally collapse, rearranging waterfalls and lake boundaries without consulting anyone. Wooden walkways carry us through the lower and upper lakes, sometimes directly over cascades, sometimes at the forest edge above them, the sound of falling water constant throughout.

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A short boat crossing on the largest lake completes the circuit. The park supports deer, wolves, wildcats, wild boar, and over 160 bird species – worth watching for as we walk. The lakes and local menus are both full of trout, which tells you something about the water quality.

This is the tour's one day of pure nature before the coastal layers of empire begin tomorrow at Paklenica and Split. It earns its place in the itinerary precisely because it offers no historical context whatsoever – just the unambiguous argument that this part of the world is worth visiting for its landscape alone.

Walk Summary: 4 hours, approximately 12 km/7.5 mi, flat wooden walkways and forest paths, minimal elevation change.

Overnight in Plitvice.

Included Meal(s): Breakfast and Dinner

#### Day 4 Plitvice - Paklenica National Park Hike - Split

The Velebit mountains meet the Adriatic at Paklenica, where limestone cliffs rise from the coastal plain in walls that have drawn rock climbers from across Europe for decades. Our hike follows a dry creek bed through the canyon's shade, Adriatic black pines closing overhead, before switchbacks climb to a high trail with longer views across the coastal range. A simple mountain hut at the top serves cold beer and food that tastes considerably better for the effort of reaching it. We descend the same trail, the canyon releasing us back to the coast road.

The drive south follows the Adriatic shore toward Split – ancient Spalato – where the Roman layer of this journey's empire story announces itself immediately and overwhelmingly. Emperor Diocletian built his retirement palace here between 295 and 305 CE, a structure so massive and so well built that an entire medieval city grew up inside its walls and never left. Split's historic centre is not adjacent to a Roman palace – it IS a Roman palace, its original corridors now serving as streets, its cellars as restaurants, its mausoleum converted into a cathedral by early Christians who must have appreciated the irony of repurposing a pagan emperor's tomb for their own worship.

We arrive in time to absorb that fact before dinner, with a brief orientation walk through the palace walls establishing the Roman foundation on which the next ten days of Venetian, Ottoman, and Habsburg layering will build.

Walk Summary: 4 hours, 8 km/5 mi, canyon creek bed and forested switchbacks, 200 m/656 ft elevation gain/loss.

Overnight in Split.

Included Meal(s): Breakfast and Dinner

#### Day 5 Split Touring - Ferry to Brac Island & Hermitage of Blaca Hike

A morning walking tour of Split's historic centre earns its time. Diocletian's palace is not a ruin to be viewed from a respectful distance but a living urban fabric – medieval houses built into Roman walls, restaurants occupying imperial cellars, a cathedral in the mausoleum Diocletian built for himself, which early Christians converted with considerable satisfaction. The peristyle courtyard at the palace's heart still functions as a public square, its Roman columns framing a space that has been in continuous use for seventeen centuries.

We ferry to Brac, the highest and third largest island in the Adriatic, for today's most distinctive excursion. A coastal boat ride past Croatia's famous Golden Horn beach – Zlatni Rat, whose distinctive spit shifts direction with the current – continues to a remote bay where a trail climbs 45 minutes to the Hermitage of Blaca. Stone structures cling to a cliff above a dry ravine, established in the 16th century by monks fleeing Ottoman expansion on the mainland. What began as a cave refuge became, over three centuries, a complex containing a church, school, astronomical observatory, and library. The last monk to inhabit Blaca, Niko Milicevic, left behind a collection of ancient books, clocks, and astronomical instruments that now constitute one of the Adriatic's more unlikely museums – reached only by boat and foot, exactly as it always was.

The return boat passes Zlatni Rat again. Free time in Bol before dinner.

Walk Summary: 2 hours, 3 km/1.9 mi, coastal trail with steady ascent, 250 m/820 ft elevation gain/loss.

Overnight on Brac.

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Included Meal(s): Breakfast and Dinner

### Day 6 Brac Island - Ferry to Hvar Island: Walking Tour

We ferry to Hvar – the Dalmatian island that receives more sunshine hours annually than anywhere else in Croatia, a fact the lavender fields, vineyards, and bleached limestone make immediately credible. The Greeks arrived in the 4th century BCE, establishing a settlement at what is now Stari Grad. Venice followed in the 13th century and ruled for three and a half centuries, long enough to leave a cathedral, an arsenal, a fortress, and the particular urban confidence of a place that knew it mattered to the republic's Adriatic strategy.

Our walking tour moves through narrow lanes to the 15th-century Franciscan Monastery, whose Renaissance cloister houses a collection of lace, manuscripts, and paintings accumulated across five centuries of island life. The monks have been here through Venetian rule, Ottoman raids, Napoleonic occupation, Habsburg administration, Yugoslav federation, and Croatian independence – an institutional continuity that the cloister's quiet makes tangible. St. Stephen's Cathedral anchors the main piazza, and the Venetian Arsenal overlooks the waterfront with the practical elegance Venice brought to everything it built for military purpose.

We climb to the Venetian fortress above the town, where the full strategic logic of Hvar's position becomes visible – the harbour below, the channels between islands spread to the horizon, the open Adriatic beyond. Venice built here because this view told you everything you needed to know about what was moving through your waters and when.

Walk Summary: 2-3 hours, 4-5 km/2.5-3.1 mi, town lanes and fortress ascent, 150 m/492 ft elevation gain.

Overnight on Hvar.

Included Meal(s): Breakfast and Dinner

### Day 7 Hvar & Sveta Nedelja Hike

Hvar's interior rewards the effort of leaving the harbour. The island sits on a Mesozoic limestone ridge that was part of the mainland until rising sea levels 11,000 years ago created the Dalmatian archipelago – the same geological event that produced every island on this journey, separating hilltops from their mainland roots and leaving them surrounded by Adriatic water. The karst landscape above the coastal villages is bare and demanding, dry-stone walls marking the boundaries of terraced vineyards worked since Greek colonisation in the 4th century BCE.

We drive to Sveta Nedelja and climb on foot to the island's highest terrain, where a cave monastery occupies a position of improbable drama above the Adriatic. The route ascends through limestone scrub and open ridge to viewpoints that take in the full sweep of the Dalmatian channel – islands layered against islands in both directions, the mainland mountains visible behind us, open sea stretching ahead toward Italy. The cave monastery at the summit has provided shelter for religious communities since the medieval period, its position chosen for the same reason Hvar's fortress was – nothing approaches unannounced from up here.

We descend by vehicle, returning to Hvar town with the afternoon free for the harbour, the town lanes, or simply the particular pleasure of sitting somewhere this beautiful without having to be anywhere.

NOTE: This is the tour's most technically demanding hike, with crumbling limestone requiring careful footing. Your Tour Leader can suggest alternatives for those who prefer a gentler morning.

Walk Summary: 3 hours, 6 km/3.7 mi, rocky limestone ascent, 550 m/1804 ft elevation gain.

Overnight on Hvar.

Included Meal(s): Breakfast and Dinner

### Day 8 Hvar - Ferry to Korcula Island

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We ferry to Korcula – Black Corfu, the Greeks called it, for the dark density of its forests when they arrived in the 4th century BCE. The forests are largely gone now, replaced by olive groves and vineyards that have been cultivated on this island since antiquity, but the medieval town the Venetians built on the northeastern tip remains one of the Adriatic's most intact urban achievements – and one of its most intelligently designed.

The street plan is a piece of deliberate medieval engineering: a fishbone pattern where north-south streets allowed defenders to reach the walls and towers quickly, while east-west lanes channelled the cool maestral winds and deflected the force of the cold bora. Venice left its mark in the Cathedral of St. Mark, squeezed with characteristic Venetian confidence into a small square, and in the town walls and towers that kept Ottoman raiding parties at bay for three centuries. A narrow lane nearby contains the modest house where Marco Polo was reportedly born – plausible given that Korcula was Venetian when he lived, though the Genoese who captured him might dispute the claim with some feeling.

We tour the Treasury and Town Museum, whose exhibitions trace the island from prehistoric settlement through Illyrian, Greek, Roman, and Venetian occupation to the present – the full imperial sequence of this coastline compressed into a single collection. Lunch together this afternoon, then the rest of the day is yours.

Walk Summary: 1-2 hours, 2-3 km/1.2-1.9 mi, town lanes and harbour front, minimal elevation change.

Overnight on Korcula.

Included Meal(s): Breakfast and Lunch

### Day 9 Korcula: Walking 'Napoleon's Road'

Napoleon held this coastline briefly – from 1806 to 1813, long enough to widen existing paths across the Dalmatian islands into supply routes for his Illyrian Provinces. On Korcula, one such route became Napoleon's Road, though the path it follows predates him by centuries and the stone walls, prehistoric cave, and dry-stone huts it passes have nothing to do with French imperial ambition. Napoleon is simply the most recent of many hands that have touched this ground – and the one whose name stuck to a path he merely improved.

Our walk follows the route inland toward Pupnat, a village of around 500 people in Korcula's eastern interior whose name derives from the Latin for vine leaves – an etymology that tells you everything about what this landscape has been used for since the Illyrians settled here. The Illyrian presence is literal: graves have been found at Mocila near the village, and the settlement's inland position – invisible from the sea – was deliberate, chosen to avoid the pirates who worked these waters before Venice brought its particular brand of maritime order to the Adriatic.

Stone kucice – traditional dry-stone huts built for sheltering livestock – dot the fields between vineyard walls, their construction techniques unchanged since medieval times. The prehistoric cave at Jakasova Spila marks a human presence on this island that predates every empire on this journey by millennia. Small churches punctuate the route through Zrnovo, each one a marker of the dense rural community this interior once sustained.

We return to Korcula by vehicle, afternoon free.

Walk Summary: 4 hours, 8-10 km/5-6.2 mi, stone-paved rural paths and vineyard tracks, 100 m/328 ft elevation change.

Overnight on Korcula.

Included Meal(s): Breakfast and Dinner

### Day 10 Korcula - Ferry to Mainland - Drive to Mostar, Bosnia and Herzegovina via Poticelj

We ferry to the mainland and drive inland, crossing into Bosnia-Herzegovina and a different imperial layer entirely. The Ottoman Empire held this territory for over four centuries – longer than Venice held the Dalmatian coast – and the evidence is immediate and unmistakable: minarets above river valleys, oriental bazaar lanes, the particular geometry of a culture that organised urban space around the mosque and the caravanserai rather than the cathedral and the palace.

We pause at Poticelj, a UNESCO-listed town whose Ottoman architecture and silo-shaped Sahat Kula fortress cling dramatically to a hillside above the Neretva River. The longest-running art colony in southeast Europe operates here, in buildings that survived the 1990s war intact

when much around them did not — a resilience that feels appropriate in a town that has been inhabited continuously since the 15th century.

Mostar's Old Bridge — Stari Most — was built by the Ottomans in 1566, destroyed by artillery fire in November 1993, and reconstructed from original limestone blocks recovered from the river in 2004. The bridge is a symbol of reconciliation not because anyone decided it should be, but because its destruction was so deliberate and its rebuilding so determined. Our walking tour includes the Ottoman old town, whose cobblestone lanes and copper workshop fronts constitute one of the most evocative bazaar environments outside Turkey, and the Museum of War and Genocide Victims — a poignant and necessary memorial to the 1992-1995 Bosnian War that this city lived through at devastatingly close range.

Walk Summary: 2-3 hours, 3-4 km/1.9-2.5 mi, cobblestone old town lanes, minimal elevation change.

Overnight in Mostar.

Included Meal(s): Breakfast and Dinner

### Day 11 Mostar - Blagaj - Trebinje, Herzegovina - Kotor, Montenegro

The Buna Spring emerges from a 200 m cliff face at a rate and temperature that remain essentially constant year-round, as if the mountain is indifferent to seasons. The volume of water — tens of thousands of litres per second — comes from an underground river system whose source was only mapped in the 20th century. The Ottomans recognised something extraordinary in this place and Sultan Suleiman ordered a Dervish tekija built directly beside the spring in the 16th century. The resulting structure, half-suspended over the river where it emerges from the cliff, is one of Bosnia's most quietly extraordinary places — simultaneously a working religious building and a geographic phenomenon.

A path climbs from the tekija to Stjepan Grad fortress above the town, the goat path option zigzagging upward through scrub to views that explain why every culture that arrived here built something defensive on this particular hill. We descend to continue south through Herzegovina to Trebinje, where the Tvrdos Monastery has been producing wine since ancient times. The native Zilavka and Vranac grapes grown in conditions warm and dry enough to have attracted viticulture since the Greeks — an old epic folk poem mentions the monastery cellars filled with wine. We taste before crossing the border into Montenegro.

The final hours of driving parallel the Bay of Kotor, the Mediterranean's only fjord — 32 km/20 mi of water cut deep into the Orjen and Lovcen mountains, the scale arriving gradually as bay opens into inner bay and Kotor's medieval walls appear at the far end.

Walk Summary: 2 hours, 3-4 km/1.9-2.5 mi, goat path ascent to fortress, 273 m/896 ft elevation gain.

Overnight in Kotor.

Included Meal(s): Breakfast and Dinner

### Day 12 Kotor: Walking Tour

Kotor's medieval walls climb from the harbour to the Fortress of St. Ivan at 280 m/919 ft above the bay — 1,350 steps of ascent through towers, chapels, and crumbling ramparts that the Venetians built to defend what they rightly considered one of the Adriatic's most valuable possessions. The Roman layer is here too: Kotor was Illyrian before it was Roman, Byzantine before it was Venetian, briefly French and Austrian before becoming Yugoslav, and eventually Montenegrin. The walls absorbed all of it without particular comment.

Our morning walking tour covers the Cathedral of St. Tryphon, whose treasury of gold and silver reliquaries, 14th-century frescoes, and Romanesque-Gothic facade represents the accumulated devotion of a city continuously inhabited since the 3rd century BCE. The most representative works of Kotor's medieval craftsmen are gathered here — the collection is genuinely unusual for a city of this size, reflecting centuries of maritime wealth flowing through a protected harbour that every empire wanted.

The afternoon offers the optional wall climb — steep, uneven, and entirely worthwhile. From the fortress, the inner bay spreads in every direction, mountains dropping sheer to the water, the town's red rooftops immediately below. The only other creatures up here with any regularity are goats, and they have no opinion on the views. The scramble among the crumbling upper ruins offers a freedom rarely found in more litigious countries — explore at your own pace and risk.

Walk Summary: Morning town tour 1-2 hours, 2 km/1.2 mi. Optional wall climb: 3 hours, 530 m/1738 ft elevation gain/loss.

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Overnight in Kotor.

Included Meal(s): Breakfast and Dinner

### Day 13 Kotor - Perast, Montenegro - Dubrovnik, Croatia

Perast is a small Venetian town on the inner bay – baroque palaces facing the water, bell towers rising above them with the particular confidence of a settlement that prospered from its position on the Adriatic trade routes. Just offshore sits Our Lady of the Rock: a chapel built on the only artificially constructed island in the Adriatic. The island was created stone by stone after two sailors reportedly found a painting of the Virgin Mary on a submerged rock in 1452, each passing ship thereafter obligated to throw a stone into the water until the accumulation broke the surface. We reach it by small boat, the chapel interior covered floor to ceiling in votive tablets left by sailors who survived storms they had no right to survive – a room full of gratitude expressed in silver.

We cross back into Croatia and drive south along the coast toward Dubrovnik – ancient Ragusa – whose walls appear on the clifftops above the sea with the particular authority of a city that knew exactly what it was. The Venetian republic dominated this coastline for centuries. Ragusa simply declined to be dominated, maintaining its independence as a republic from 1358 until Napoleon ended it in 1806, trading with everyone, offending no one, and building walls thick enough to make conquest more trouble than it was worth.

On arrival we walk the city walls – nearly 2 km/1.25 mi of circuit above the marble streets, the Minceta and Revelin towers, and the Adriatic beyond. The walls are the introduction. Tomorrow the city itself.

Walk Summary: 2 hours, 2 km/1.2 mi wall circuit, moderate ascent and descent throughout.

Overnight in Dubrovnik.

Included Meal(s): Breakfast and Dinner

### Day 14 Dubrovnik: City Tour

The empires that built this coastline – Roman, Byzantine, Venetian, Ottoman, Austro-Hungarian – each held what they could for as long as they could and eventually lost their grip. Ragusa never did. For nearly five centuries this small republic navigated between Venice and the Ottomans, between competing great powers and shifting trade alliances, through plague, through the catastrophic earthquake of 1667 that destroyed much of the city, and through the 1991-92 bombardment that rained over 2,000 shells onto its rooftops. Each time, Ragusa rebuilt. The marble streets and limestone walls you walk today are a testament to a city that understood its own value and refused, repeatedly, to accept that it was finished.

Our walking tour of the historic centre covers the Stradun – the marble-paved main street rebuilt after the 1667 earthquake – and the network of lanes, palaces, churches, and monasteries that constitute one of Europe's most complete medieval urban environments. The Rector's Palace housed Ragusa's rotating one-month governors, a deliberate system designed to prevent the accumulation of personal power. The Sponza Palace served as customs house, bank, and mint. The Franciscan Monastery pharmacy has been operating since 1317, making it one of the oldest in Europe and still dispensing today.

The afternoon is yours – for the old town's quieter lanes away from the Stradun, the harbour, the cable car to Mount Srd above the city, or simply for sitting somewhere that two thousand years of history have conspired to make extraordinarily beautiful.

Overnight in Dubrovnik.

Included Meal(s): Breakfast and Dinner

### Day 15 Departure

We depart Dubrovnik – leaving a coastline where every stone wall tells you who held it, and when, and what it cost them.

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Sretan put. Bon voyage.

Included Meal(s): Breakfast