

## TUNISIA, MALTA & ITALY

### Tunisia, Malta, Sicily, Southern & Northern Italy

**38 days**

Created on: 23 Apr, 2026

#### Day 1 Arrive in Tunis

Arrival in Tunis.

The capital of Tunisia houses one-sixth of the nation's population within the embrace of the Gulf of Tunis. Founded by Berber tribes but shaped successively by Phoenicians, Romans, Vandals, Byzantines, Arabs, Ottomans, and French, the city embodies North Africa's layered history. Modern office towers and European-style cafés share space with the dynamic souks of the ancient medina, creating urban rhythms that seamlessly blend tradition with contemporary life.

The French colonial legacy remains visible in the elegant Ville Nouvelle district, but it's the medina—one of the Arab world's most vibrant—that captures Tunisia's essential character. Here, craftsmen practice trades passed down through generations while merchants negotiate in Arabic, French, and Berber dialects, creating a linguistic tapestry as rich as the goods displayed in their shops.

Overnight in Tunis.

Included Meal(s): Dinner, if required.

#### Day 2 Tunis: The Medina, Bardo Museum & Carthage

We enter the UNESCO-protected medina through the ancient Bab el Bahr (Sea Gate). This labyrinthine quarter preserves medieval Arab life among monuments spanning a thousand years. The Great Mosque, Jemaa Zitouna, anchors the medina's spiritual heart, while narrow lanes reveal Koranic schools, traditional hammams, and Ottoman palaces.

At the Bardo Museum, we see the world's finest collection of Roman mosaics—sophisticated narrative artworks depicting mythological scenes, daily life, and zodiacal symbols. The craftsmanship proves that North African workshops often exceeded metropolitan standards.

We proceed to Carthage. At the Tophet cemetery, thousands of urns testify to religious practices that sustained Carthage for centuries. The reconstructed Punic ports reveal engineering genius—circular military harbours with sophisticated dry-docks that challenged Roman supremacy.

From Byrsa Hill, where Hannibal once planned campaigns, we see how the Cathedral of St. Louis crowns the ancient acropolis. The massive Antonine Baths represent Rome's attempt to outdo Carthaginian magnificence through architectural grandeur.

Our final stop is Sidi Bou Said, perching on clifftops like a blue and white jewel. This artists' village preserves distinctive Tunisian architectural traditions through building codes requiring traditional colour schemes. Wandering cobbled streets past jasmine-scented courtyards, we understand why artists have found inspiration here for centuries.

Overnight in Tunis

Included Meal(s): Breakfast and Dinner

#### Day 3 From Tunis: Bulla Regia & Dougga

This morning we journey toward Bulla Regia, one of North Africa's most ingenious responses to climatic challenges. Here, wealthy Romans created an architectural innovation found nowhere else in the empire: luxurious underground villas designed to escape the brutal summer heat. Descending cool stone staircases into these subterranean palaces, we discover remarkably preserved mosaics and frescoes that have survived nearly two millennia.

These aren't crude cellars but sophisticated residences with multiple levels, central courtyards, and elaborate decoration. The engineering required to create waterproof underground chambers, ensure adequate ventilation, and manage drainage demonstrates Roman technical mastery adapted to African conditions. Walking through rooms where toga-clad families once escaped the noon sun, we understand how

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imperial wealth translated into climate-controlled luxury.

After lunch among olive groves that have produced oil for over two thousand years, we reach Dougga—UNESCO's crown jewel of Tunisian archaeology. Spread across rolling hills, this remarkably complete Roman city offers an unparalleled journey through daily life in provincial Africa.

The Capitolium temple, dedicated to Jupiter, Juno, and Minerva, crowns the forum with imposing grandeur. From its steps, panoramic views encompass green valleys where Roman agricultural estates once supplied grain to feed the empire. The theatre, carved into a natural hillside, seats 3,500 spectators who gathered to watch comedies and tragedies under the African sky.

We explore residential districts where Roman families lived in houses with geometric mosaic floors, private bathhouses, and shaded courtyards. The Cyclops Baths, House of Dionysos and Ulysses, and numerous other villas reveal how provincial wealth created architectural magnificence rivalling Rome itself.

Dougga's preservation stems from its abandonment—when trade routes shifted, residents gradually departed, leaving this urban masterpiece frozen in time for archaeologists to rediscover centuries later.

Overnight in Tunis

Included Meal(s): Breakfast and Dinner

#### Day 4 Tunis - Monastir - Kairouan: City Touring

Tunisia's fertile northern landscapes unfold around us as we journey southward through valleys that have earned the country its traditional epithet: "Tunisia the Green." Here, ancient agricultural patterns persist—olive groves, wheat fields, and vineyards that have fed civilizations for millennia. Storks perch atop telephone poles and minaret towers, their massive nests testament to the enduring rhythms connecting human settlement with natural cycles.

Monastir introduces us to a unique Islamic institution: the ribat, a fortified monastery where soldier-monks combined religious devotion with frontier defense. Built in the 8th century when Muslim expansion faced Byzantine counterattacks, the Ribat of Monastir exemplifies how early Islamic civilization created institutions unknown in Christian Europe. From its towering walls, we survey coastlines where medieval fleets once launched expeditions across the Mediterranean.

Modern cinema has discovered Monastir's dramatic appeal—this ribat provided locations for Monty Python's "Life of Brian" and Zeffirelli's "Jesus of Nazareth," its ancient stones playing roles in stories spanning religious traditions.

Kairouan, our ultimate destination, holds unparalleled significance in Islamic history. Founded in 670 CE by the Arab general Uqba ibn Nafi, it became the first Islamic city established in North Africa and the fourth holiest city in Islam after Mecca, Medina, and Jerusalem. Seven pilgrimages to Kairouan equal one to Mecca—a medieval ruling that established this oasis as North Africa's spiritual heart.

The Aghlabid Basins reveal how 9th-century engineers solved desert hydrology through monumental public works. These enormous reservoirs, fed by aqueducts reaching 36 kilometres into the surrounding hills, supported a city whose influence extended from Spain to Egypt.

The Great Mosque of Kairouan astounds with its forest of columns—hundreds of marble shafts looted from Roman sites across North Africa and repurposed to support Islam's expanding architectural needs. Each capital differs from its neighbours, creating a museum of classical design within a revolutionary religious context. The mosque's 8th-century minaret, among Islam's oldest, established architectural forms still followed across the Islamic world.

At the Mausoleum of Sidi Sahab, legendary companion of the Prophet Muhammad, we witness how popular Islam transformed austere early mosques into centres of devotional art and architectural splendour.

Overnight in Kairouan

Included Meal(s): Breakfast and Dinner

#### Day 5 Kairouan - Sbeitla - Tozeur

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The Roman city of Sufeitula—modern Sbeitla—presents one of North Africa's most photogenic archaeological ensembles. Three perfectly preserved temples dedicated to Jupiter, Juno, and Minerva rise from the forum like a classical textbook illustration, their harmonious proportions exemplifying Roman architectural ideals adapted to African settings.

Sbeitla prospered during the 2nd and 3rd centuries CE through olive oil production—the "liquid gold" that made North Africa Rome's wealthiest province. Walking past ancient olive presses, we understand how provincial cities accumulated the wealth to construct monuments rivalling Rome itself. Stone-paved streets lead past public baths, theatres, and Christian basilicas with elaborate baptisteries, their colourful mosaics illustrating how early Christianity transformed Roman architectural forms.

Our route south carries us across landscapes that shift dramatically from Mediterranean fertility to Saharan vastness. This transition zone—the Sahel—has witnessed some of history's most significant cultural exchanges as trans-Saharan trade routes connected sub-Saharan Africa with Mediterranean civilizations.

Tozeur emerges from shimmering heat mirages as a palm-fringed jewel. This legendary oasis city controlled medieval caravan routes carrying gold, ivory, salt, and slaves between North and West Africa. Medieval accounts describe over 1,000 camels departing daily, laden with deglet nour dates—the "fingers of light" still considered among the world's finest.

The Eden Palm Museum introduces us to oasis agriculture's sophisticated techniques: the three-tier cultivation system where date palms provide shade for citrus trees, which shelter vegetable crops below. This ancient agricultural wisdom maximizes water use in environments where every drop is precious.

Wandering through the palmerie as afternoon light filters through date palm fronds, we experience the profound peace that has drawn desert travellers to oases for millennia. Here, the harsh beauty of the Sahara meets human ingenuity, creating landscapes of almost mystical serenity.

Overnight in Tozeur.

Included Meal(s): Breakfast and Dinner

### Day 6 Tozeur - Mamata - Djerba

Our journey begins crossing Chott el Jerid, Tunisia's largest salt lake—a crystalline expanse covering 5,000 square kilometres. This depression preserves evidence of ancient seas that once covered North Africa. The salt floor creates otherworldly reflections—pink and yellow hues that shift with the sun's angle while heat mirages transform the horizon.

The Berber village of Matmata challenges every assumption about desert architecture. Here, ingenious adaptation to harsh climate produced one of humanity's most distinctive building traditions: homes carved directly into soft sandstone, creating subterranean courtyards surrounded by chambers that maintain comfortable temperatures year-round.

These "troglodyte" dwellings—some over 400 years old—demonstrate sophisticated understanding of thermal dynamics. The circular pit design captures cool air while radiating heat upward. Visiting a local family's traditional home, we witness how architecture shapes social organization, with central courtyards serving as communal space while individual rooms provide privacy.

Our final destination, the island of Djerba, floats in the Mediterranean like a fragment of myth made real. Connected to the mainland by a Roman causeway still in use after 2,000 years, Djerba has maintained distinct cultural identity through successive conquests. This may be Homer's legendary land of the Lotus Eaters.

Overnight in Djerba

Included Meal(s): Breakfast and Dinner

### Day 7 The Isle of Djerba

Today we focus on Djerba's most significant cultural and historical sites, allowing for relaxed exploration of this extraordinary island.

El Ghriba Synagogue represents one of Judaism's most significant pilgrimage sites. Legend claims Djerba's Jewish community arrived after the destruction of Solomon's Temple in 586 BCE, making this one of the world's oldest continuous Jewish settlements. The synagogue's

architecture reflects centuries of cultural fusion—Jewish religious requirements interpreted through Islamic decorative traditions and Mediterranean construction techniques.

The building houses ancient Torah scrolls and preserves traditions linking contemporary worship to biblical times. Each year, thousands of pilgrims gather here for the Lag B'Omer festival, creating one of the Jewish world's most significant gatherings in an Islamic country—testament to Djerba's remarkable tolerance.

In Houmt Souq, the island's main town, medieval Borj el Kebir fortress recalls the bloody conflicts of 1560 when Ottoman and Spanish forces fought for Mediterranean supremacy. Today's fish auctions and vegetable markets continue traditions established when this port connected North Africa to European trading networks.

The fortress offers panoramic views across the Mediterranean while its massive walls tell stories of centuries when this strategic position controlled shipping lanes between Europe and Africa.

Overnight in Djerba

Included Meal(s): Breakfast and Dinner

### Day 8 Djerba Touring - Sfax

Guellala village reveals one of North Africa's oldest pottery traditions. Here, families have worked clay for over a thousand years, their techniques passed down through generations of master craftsmen. The kilns, some medieval in origin, still fire vessels whose forms echo ancient Phoenician and Roman prototypes.

The Museum of Patrimoine introduces us to traditions that have evolved over millennia. Traditional costumes, wedding ceremonies, and household implements illustrate how island isolation preserved customs lost elsewhere. The intricate arts of weaving, calligraphy, and metalwork demonstrate how Djerba's artisans adapted Mediterranean, African, and Middle Eastern influences.

Djerbahood Street Art Walk - We explore this remarkable open-air gallery where international and local artists have transformed the village of Erriadh into a vibrant canvas. Over 250 murals cover walls, houses, and public spaces, creating unique dialogue between traditional Djerban architecture and contemporary artistic expression. This project demonstrates how art can revitalize communities while respecting cultural heritage.

We depart Djerba in the early afternoon for Sfax, ensuring adequate time to explore Tunisia's second-largest city upon arrival. This working city processes olives, almonds, and phosphates while maintaining one of North Africa's finest preserved medinas. Our evening medina walk reveals authentic urban culture where traditional crafts and commerce continue patterns established over a millennium ago.

Overnight in Sfax

Included Meal(s): Breakfast and Dinner

### Day 9 Sfax - El Djem - Tunis

Today we tour the massive Roman Amphitheatre of El Djem, rising from flat agricultural plains like a sandstone mountain—a monument to imperial ambition and provincial wealth. With capacity for 30,000 spectators, this colosseum rivals Rome's own, yet its superior preservation makes it perhaps more impressive than its famous model.

Built during the brief reign of emperors Gordian I and II (who ruled mere weeks before Roman legions crushed their African rebellion), the amphitheatre demonstrates how quickly provincial wealth translated into monumental architecture. Here, gladiatorial combats and wild beast hunts entertained crowds drawn from across Roman Africa.

The adjacent Archaeological Museum's extraordinary mosaics, relocated from wealthy Roman villas, include the unique House of Africa mosaic—the only known representation of the personified African continent. Climbing to the amphitheatre's upper tiers, we survey landscapes where Roman agricultural estates once supplied grain to feed the empire, while basement chambers preserve sophisticated mechanical systems that created theatrical spectacles for bloodthirsty crowds.

Our day's journey bring us full circle back to the capital in time to settle in a bit before our final dinner in Tunisia.

Overnight in Tunis.

Included Meal(s): Breakfast and Dinner

### Day 10 Tunis, Tunisia - Fly to Valletta, Malta

Our flight carries us from North Africa's ancient shores toward Malta, the Mediterranean's smallest nation. This aerial journey, whether direct or via Rome, traces routes followed by Phoenician traders, Roman governors, medieval crusaders, and modern travelers—testament to these waters' role as civilization's highway.

Malta emerges from azure seas as a golden limestone jewel, its strategic position between Sicily and North Africa having attracted conquerors for over 4,000 years. Here, the Knights of St. John created Europe's most formidable fortress state, while earlier civilizations built temples older than Stonehenge.

PLEASE NOTE that, though we are often able to get a direct flight, such flights do not necessarily operate every day and, if the airlines change their schedule, today's journey may end up being more convoluted, ie with a connection in Rome or elsewhere.

Overnight in Malta.

Included Meal(s): Breakfast and Dinner

### Day 11 Valletta: City Tour & Dingli Cliffs

Today we explore Valletta—Europe's smallest capital at just 1000 by 600 metres—from a vessel showcasing why this location became the Mediterranean's greatest fortress. The city commands two natural harbours whose strategic value shaped 4,000 years of history. Our harbour cruise reveals the defensive genius that saved Christian Europe from Ottoman expansion. In 1565, Jean Parisot de la Valette led 600 Knights of St. John against 40,000 Ottoman invaders in the "Great Siege of Malta." Their miraculous victory prompted Felipe II of Spain to found a new capital worthy of these heroes—Valletta, built on Renaissance military engineering principles.

From Upper Barakka Gardens, we survey Grand Harbour's fortified peninsulas—Senglea and Vittoriosa—their bastions creating interlocking fields of fire that made Ottoman conquest impossible. The Grand Master's Palace, now housing Malta's presidency and parliament, preserves the Knights' aristocratic legacy. Walking through State Apartments where European diplomacy once unfolded, we examine 17th-century Gobelin tapestries depicting scenes from the Americas—reminders that Malta's Knights wielded continental influence. The Palace Armoury houses the world's finest medieval and Renaissance weaponry collection, with thousands of armor suits testifying to the military brotherhood that dominated Mediterranean warfare for three centuries.

"The Malta Experience," screened in the Knights' former hospital, provides us the perfect historical context through a 45-minute audiovisual presentation tracing Malta's story from prehistory to modern independence.

PLEASE NOTE: Malta's Hal Saflieni Hypogeum site and tour is a popular option should you choose to extend your stay outside of our tour. We do not include it in our program as the number of visitors per day is very limited and spaces tend to sell out before many/most of our travellers commit to our tour; as such, promising the visit in our itinerary is problematic. We suggest booking your own visit once our tour is 'guaranteed' to operate.

Overnight on Malta

Included Meal(s): Breakfast and Dinner

### Day 12 Valletta & Prehistoric Malta

Our Valletta sightseeing continues to St. John's Co-Cathedral, transforming our understanding of Baroque religious art. Built in the 1570s by Maltese architect Gerolamo Cassar, this masterpiece served as the Knights' spiritual heart. The interior's symphony of gold leaf, marble, and masterful painting demonstrates how military monks expressed devotion through artistic magnificence. Over 300 Knights lie entombed

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beneath elaborate marble floor slabs, each a decorative masterwork depicting heraldry and achievements. The Cathedral Museum houses Caravaggio's largest painting—"The Beheading of St. John the Baptist"—the only work the master ever signed, created during his turbulent Malta period (1607-1608).

The National Museum of Archaeology introduces Malta's prehistoric temple builders who created the world's oldest freestanding stone structures. These artifacts, dating to the 4th millennium BCE, represent civilizations flourishing 500-1,000 years before Egypt's first pyramids.

At Hagar Qim, spectacularly positioned on cliffs overlooking Fifla islet, we encounter architecture challenging assumptions about prehistoric capabilities. Built between 3600-3200 BCE, these temples demonstrate sophisticated understanding of astronomy and monumental construction. Massive limestone blocks—some weighing over 20 tonnes—were quarried, transported, and positioned using technologies lost to history.

Nearby Mnajdra Temple complex reveals how prehistoric Maltese developed increasingly sophisticated architectural forms. Careful alignment with solstices and equinoxes suggests these weren't merely religious centres but astronomical observatories connecting earthly worship to celestial cycles.

In Marsaxlokk village, brightly painted luzzu boats preserve Mediterranean maritime traditions, their distinctive eye symbols connecting contemporary fishermen to Phoenician customs over 2,500 years old.

Overnight on Malta

Included Meal(s): Breakfast and Dinner

### Day 13 Day Trip to Gozo

The brief ferry crossing to Gozo transports us to an island that feels like Malta's rural cousin. Gozo maintains a distinct cultural identity and dialect, with landscapes and traditions that modern Malta has largely abandoned. The prehistoric temples of Ggantija rank among humanity's oldest religious monuments, dating back to 3600-3200 BCE. Local folklore attributes their construction to giants, and the megaliths' sheer size is awe-inspiring. Victoria, Gozo's capital, clusters around the fortified citadel of Il-Kastell, which has been continuously fortified for over 4,000 years.

Within the citadel, the Cathedral of the Assumption showcases trompe-l'oeil ceiling paintings that create illusory domes. The Archaeological Museum reveals how successive civilizations adapted the same strategic location to serve their defensive needs. The Folklore Museum provides intimate insights into traditional Gozo life, illustrating how island communities maintained self-sufficiency through ingenious adaptation to limited resources.

At Dwejra, we witness geological forces at their most dramatic. Two enormous limestone caverns collapsed to create today's Inland Sea, a lagoon connected to the Mediterranean through a 100-metre tunnel. Local fishermen guide us through this natural wonder, past the Blue Hole and Fungus Rock, where Knights of St. John once harvested rare medicinal plants. The cynomorium coccineus growing on Fungus Rock was highly valued for its medicinal properties, reminding us how biological diversity creates economic value across cultures. Overnight on Malta.

Overnight on Malta

Included Meal(s): Breakfast and Dinner

### Day 14 Mosta, Mdina & Rabat

This morning, we visit the Rotunda Church of Mosta, a remarkable architectural achievement that dominates the island's central plateau. Based on Rome's Pantheon, its dome ranks as Europe's third-largest unsupported span. The church's most famous story emerged during World War II, when a German bomb penetrated the dome but failed to explode during evening mass. The unexploded bomb remains displayed as testament to faith surviving warfare's brutal realities.

We then proceed to Mdina, Malta's ancient capital, which preserves the medieval Arab city within massive fortifications. As we walk through the narrow streets, we experience urban planning designed for shade, privacy, and defensive strength. The Cathedral of St. Paul occupies the site where tradition claims the Roman governor Publius welcomed the shipwrecked apostle.

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From Mdina's bastions, we take in panoramic views of Malta's landscape, understanding why successive conquerors established strongholds here. Next, we visit the nearby Rabat, where the Domus Romana reveals how wealthy Romans lived beyond official Mdina. The excavated villa's mosaic floors and columned courtyards demonstrate provincial luxury. Finally, we explore the Catacombs of St. Paul and St. Agatha, which preserve early Christian burial practices and feature characteristic agape tables.

Overnight on Malta.

Included Meal(s): Breakfast and Dinner

### Day 15 Valetta, Malta - Palermo, Sicily, Italy

Today we fly to Palermo.\*

Palermo is the capital of both the autonomous region of Sicily and the Metropolitan City of Palermo. The city is noted for its history, culture, architecture and gastronomy, playing an important role throughout much of its existence; it is over 2,700 years old. To gain an initial understanding of the city's unique culture, start by wandering the streets of the old city. The mix of architectural styles points to the wave upon wave of invaders who have claimed the city as their own, as does the look of the locals.

\* Due to air scheduling considerations, we may elect to fly the group to nearby Catania instead of Palermo and transfer to Palermo from there (+/- 2 hours). For our purposes, Catania often has more convenient departure/arrival times.

Overnight in Palermo.

Included Meal(s): Breakfast and Dinner

### Day 16 Palermo: City Tour

We plunge into the sensory symphony of Il Capo market, where fishmongers display magnificent sword fish alongside glistening octopus, and Sicily's agricultural bounty creates a painter's palette of colours. Mount Etna's volcanic soil produces crisp apples, while Arab-introduced citrus trees offer their golden treasures. We sample fresh ricotta and pungent pecorino cheese, understanding how this island's fertility has sustained civilizations for centuries.

We then move to Piazza Praetoria, where the "fountain of shame" shocked 16th-century locals with its renaissance nudes—a testament to Sicily's complex relationship with outside influences. The baroque Quattro Canti divides the old city into four quarters, each corner representing a season and a Spanish monarch. At the Martorana Church, we witness the extraordinary fusion of Arab-Norman architecture, its interior ablaze with Byzantine mosaics that shimmer like captured starlight.

Our journey concludes at Monreale, the "Royal Mountain," where Norman King William II constructed a cathedral to demonstrate his kingdom's sophistication. We finish at the remarkable Church and Monastery of Santa Caterina d'Alessandria, where Dominican nuns once perfected the art of sweet-making in these very cloisters. The convent's rooftop terraces provide sweeping views across Palermo's piazzas, while the onsite bakery I Segreti del Chiostrino continues centuries-old traditions.

As this is a large site, we end today's formal tour here so you can choose to linger and explore on your own before gathering for dinner this evening.

Overnight in Palermo.

Included Meal(s): Breakfast and Dinner

### Day 17 Palermo - Segesta - Selinunte - Agrigento

We journey across Sicily's ancient Greek heartland, where colonies once rivalled Athens in wealth and ambition. Sicily was part of Magna Graecia—when mainland Greece grew overcrowded in the 8th century BC, bold settlers sailed west seeking new fortunes. To them, Sicily

represented what the Americas would mean to 16th-century Europeans: vast possibilities, untold riches, and considerable dangers.

Our first stop is Segesta, where a perfectly preserved Doric temple stands as testimony to Greek architectural mastery. This powerful city-state waged bitter wars with its rival Selinunte, our next destination. After a break for lunch, we explore Selinunte's magnificent ruins, once home to over 100,000 inhabitants and boasting an unrivalled temple-building program. Lost to history until a Dominican monk rediscovered its location in the 16th century, these temples rank among the ancient world's most impressive monuments.

We continue to Agrigento, where tomorrow we'll witness Sicily's most spectacular Greek legacy.

Overnight in Agrigento

Included Meal(s): Breakfast and Dinner

### Day 18 Agrigento: Site Tour - Piazza Armerina - Enna

We begin among Agrigento's magnificent temples, where five elevated structures create a picture-perfect tribute to ancient paganism's enduring power. Time, earthquakes, Punic Wars, and Christianity's rise have all tested these World Heritage landmarks, yet they remain defiant against Sicily's azure sky.

Next, we travel inland to explore Villa Romana del Casale near Piazza Armerina, a vast 4th-century complex that may have belonged to co-emperor Maximianus. This archaeological treasure houses some of the world's most beautiful Roman mosaics, including detailed hunting scenes, mythological images, and the delightful "bikini girls" performing ancient aerobics—proof that athletic fashion has ancient roots.

We then proceed to Enna, perched high in Sicily's interior. You'll have free time to explore this mountain town, perhaps visiting the Castello di Lombardia or Torre di Federico II for stunning panoramic views; your Tour Leader will point you in the right direction.

Overnight in Enna

Included Meal(s): Breakfast and Dinner

### Day 19 Enna - Siracusa: Archaeological Park

We travel toward Sicily's eastern coast, coming within sight of Mount Etna's imposing slopes. At 3313m (10,866 feet), Etna stands as one of Earth's most active volcanoes—both blessing and curse for local inhabitants. While volcanic soil creates extraordinary fertility, the constant threat of eruption looms; Catania was nearly buried by lava flows in 1669.

We arrive in Siracusa (Syracuse) and tour the Archaeological Park, including the Greek theatre where ancient dramas once echoed, the Monumental Altar of Hieron II, and the Latomia del Paradiso quarry with its famous "Ear of Dionysius." After a break for lunch, we explore Ortygia, old Siracusa's historic heart, wandering narrow streets where we discover the Temple of Apollo, Fountain of Aretusa, the main piazza, and the remarkable Duomo—a former Temple of Athena transformed into a Christian cathedral.

Overnight in Siracusa.

Included Meal(s): Breakfast and Dinner

### Day 20 Siracusa - Mount Etna - Taormina

We depart Siracusa and drive up the east coast toward Taormina, with stunning views of Mount Etna dominating our horizon. We'll make a detour and drive up Etna's slopes—have a sweater handy as we'll be approaching 1,800m (6,000 ft)! (Depending on weather, we may explore Mount Etna tomorrow instead.) This is Europe's highest volcano and one of the world's most active; its spectacular eruptions and fiery lava flows have fascinated scientists and visitors for millennia.

We continue to Taormina, arguably Sicily's most beautiful town—an ancient hilltop settlement full of history and culture, perfectly positioned between mountains and sea. Taormina's reputation for welcoming travellers spans centuries, combining incredible heritage in archaeology

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and architecture with genuine Sicilian hospitality.

Overnight in Taormina.

Included Meal(s): Breakfast and Dinner

### Day 21 Taormina: City Touring

We begin with a leisurely walking tour starting at the almost perfectly-preserved Greco-Roman amphitheatre, Taormina's greatest treasure. This 3rd-century cliff-side arena once seated 5,000 spectators, with Mount Etna framed perfectly as a backdrop to the 1,800-year-old stage—a setting that continues to inspire artists and performers today.

We explore the Palazzo Corvaia with its fascinating blend of Arab, Norman, and Catalan elements, where Sicily's first parliament convened in 1410. The charming Corso Umberto I pedestrian street runs the town's length, lined with shops and boutiques leading to Piazza IX Aprile, where lovely views stretch across Naxos harbour to the Italian mainland. Above us rises the medieval fortress, while in Piazza del Duomo, Taormina's 15th-century basilica stands beside a fountain topped by the town's symbol: a female centaur statue.

The afternoon is yours for independent exploration of this enchanting town.

Overnight in Taormina

Included Meal(s): Breakfast and Dinner

### Day 22 Taormina, Sicily - Paestum, Italian Mainland

We take a short ferry ride from Sicily to the Italian mainland and proceed by motor coach to Paestum, where three Doric Greek temples rank among the world's best preserved, rivalling those of Sicily and Athens. Originally built without mortar or cement—simply covered by terra-cotta tile roofs supported by wooden beams—these temples survived even the great earthquake of AD 69 that reduced Pompeii to rubble.

After periods of native Italian control in the 5th and 4th centuries BC, Paestum fell to Rome in 273 BC and was renamed. It remained a Roman town until deforestation of nearby hills turned the area into swampy marshland. Plagued by malaria and pirates, Paestum's ruins lay relatively untouched until rediscovered in the 18th century.

Overnight in Paestum

Included Meal(s): Breakfast and Dinner

### Day 23 Paestum - National Archaeological Museum - Pompeii

We travel to Naples where we see the colourful harbour front and Castel dell'Ovo, a 12th-century fortress built on ancient villa ruins, before visiting the National Archaeological Museum. This impressive facility houses one of the world's most comprehensive collections of Greek and Roman antiquities. Built on Santa Teresa Hill as military barracks, later transformed into a university campus, it was remodelled in 1790 to receive the treasures of Pompeii and Herculaneum.

We then visit ancient Pompeii, dug out from volcanic ash and pumice stone deposited by Mount Vesuvius's eruption in AD 79. This entire area provides a fantastic record of how ordinary Romans lived their daily lives. We explore the House of Vetti, the most elegant of Pompeii's villas, and examine the intriguing House of Mysteries. The nearby House of Faun occupies an entire city block with four different dining parlours and two spacious gardens.

Overnight in Pompeii

Included Meal(s): Breakfast and Dinner

### Day 24 Pompeii: Herculaneum & the Amalfi Coast

This morning we visit Herculaneum, a small town that was buried under Vesuvius's lava. Our tour here will include the baths, which were built during the reign of Augustus. An outstanding example of how the aristocracy lived is provided at the Casa dei Cervi.

We then drive along the famous Amalfi Coast on a winding road carved out of the rock in the mid-19th century. This scenic and unforgettable drive takes us to Amalfi, a resort town on the peninsula of the same name where we take a walking tour of the city. We will see the beautiful Duomo cathedral with its 13th century bell tower, the main square of the town, and the Cloister of Paradise.

After a break for lunch and some free time in Amalfi, we take the ferry to the port of Salerno where our bus will be waiting. This is a great way to truly experience the spectacular coastline with this relaxing journey (calm weather-permitting!).

On arrival in Salerno we'll rejoin our bus and return to our Pompeii hotel.

Overnight in Pompeii.

Included Meal(s): Breakfast and Dinner

### Day 25 Pompeii - Monte Cassino - Rome

Today's journey takes us to north to Rome via Monte Cassino. During the Roman Empire, the abbey located here was one of the great European centres of Christendom and one of the largest repositories of ancient learning. In 1944, Monte Cassino was destroyed by the Allied forces who suspected that it was occupied by German troops. The military cemetery on the nearby hill contains the graves of 1,100 Polish soldiers who lost their lives in the final assault.

Later we continue to Rome.

Overnight in Rome.

Included Meal(s): Breakfast and Dinner

### Day 26 Rome: City Tour

We begin at the Colosseum, where 55,000 spectators once roared as gladiators fought for survival above a labyrinthine underground of trapdoors and animal pens. Still dominating the cityscape nearly 2,000 years on, it unsettles as much as it impresses – because it was designed to. We then walk through the Roman Forum, heart of ancient civic life, where the Curia housed the Senate and the Arch of Titus commemorated the sacking of Jerusalem in AD 70. Among weathered columns and temple foundations, we stand at the physical centre of an empire that shaped Western civilisation.

Ascending to Capitoline Hill, we reach the Campidoglio – Rome's original citadel, redesigned by Michelangelo in the 16th century with the kind of harmonious geometry that would have pleased the ancients he admired. It is a fitting place to consider what separates Rome from other great cities: here, the ancient and the Renaissance don't merely coexist – each made the other possible.

We continue to Piazza Navona for lunch, surrounded by Baroque splendour. Bernini's Fountain of the Four Rivers – the Nile, Ganges, Danube, and Plate – asserted papal authority across continents as much as it delighted the eye. From here we walk to the Trevi Fountain, fed by an aqueduct built in 19 BC and still flowing, then proceed to the Pantheon. Its unreinforced concrete dome – wider than St. Peter's – was the largest in the world for thirteen centuries and remains a quiet provocation to everything built since.

NOTE: Due to traffic constraints and the proximity of today's sites, we travel primarily on foot and by Rome's efficient public transit system (tickets included). Any sightseeing not completed today continues tomorrow afternoon.

Overnight in Rome.

Included Meal(s): Breakfast and Dinner

**Day 27 Rome: the Vatican Museums & St. Peter's**

We travel by metro across the Tiber River to Vatican City, the world's smallest sovereign state. Our guided tour begins in the vast Vatican Museums, where corridors seem to stretch infinitely, lined with humanity's greatest artistic achievements. Here we discover Greek and Roman sculptures that influenced Renaissance masters, Flemish tapestries depicting biblical narratives, and glittering mosaics assembled tile by precious tile. More than three million visitors journey here annually to witness this extraordinary collection.

The museums' crowning glory awaits in the Sistine Chapel, where Michelangelo's frescoes transform ceiling and walls into a theological masterpiece. Created between 1508 and 1512, these paintings revolutionised art history—their anatomical precision and emotional depth remain unsurpassed. We then enter St. Peter's Basilica, Christendom's largest church, its cavernous interior housing treasures including Michelangelo's tender Pietà, carved when he was just 24 years old. Outside, the elegantly symmetrical Piazza San Pietro embraces visitors in Bernini's colonnade arms.

After a break for lunch, we continue with any sightseeing carried over from yesterday.

NOTE: The timing and order of today's sightseeing may vary depending on seasonality. During lighter periods, we often begin in the morning; busier times may require an afternoon or evening visit to avoid crowds. We may include lunch instead of dinner today to optimise our schedule. Your Tour Leader will advise upon arrival.

Overnight in Rome.

Included Meal(s): Breakfast and Dinner

**Day 28 Rome - Assisi - Siena**

We depart Rome for Tuscany, stopping first in Assisi — a hilltop town of pink limestone and cypress shadows that receives millions of pilgrims annually yet somehow retains the stillness its most famous son prescribed. Born here in 1182 to a prosperous cloth merchant, Francis renounced his inheritance as a young man and embraced radical poverty, founding the Order of Friars Minor in a gesture that reverberated through medieval Europe. What made his message so durable wasn't only its simplicity — it was that he lived it without compromise.

The Basilica of St. Francis is Umbria's supreme artistic monument, but it is also the beginning of a thread that will run through our entire journey. Giotto di Bondone decorated the Upper Basilica's nave with a celebrated cycle of frescoes depicting the life of Francis — and in doing so, changed Western painting. Where medieval artists rendered sacred figures as flat, symbolic, and remote, Giotto's figures have weight, gesture, and something recognisable as grief or joy.

The drive south to Siena passes the shores of Lake Trasimeno — serene today, but the site of one of Rome's most catastrophic defeats, where Hannibal's Carthaginian army ambushed and destroyed a Roman force of 30,000 in 217 BC. This medieval gem awaits our exploration tomorrow.

Overnight in Siena.

Included Meal(s): Breakfast and Dinner

**Day 29 Siena & San Gimignano**

Siena chose a different path from Florence — while its great rival embraced Renaissance innovation, Siena clung to medieval traditions, and that stubbornness is the reason it survives today as the finest showcase of Italian Gothic architecture in existence.

Our guided walking tour begins at Il Campo, the extraordinary shell-shaped piazza that has served as the city's living room since the 13th century. This is where the Palio happens — the twice-yearly bareback horse race run in the name of the city's seventeen contrade, whose rivalries are so deeply felt that local guides describe them with an intensity that makes the last race feel like it finished yesterday. From the Campo we continue to San Domenico, where a reliquary holds what is venerated as the head of Saint Catherine of Siena — patron saint of Italy, Doctor of the Church, and one of the medieval period's most remarkable voices. We finish at the Duomo, whose black and white marble interior contains a Piccolomini Chapel with early Michelangelo sculptures that most visitors walk past without noticing. Free time follows — the Palazzo Pubblico's Simone Martini frescoes and the Torre del Mangia's 464-step climb are both worth the effort.

San Gimignano's tower skyline appears from the road about ten kilometres out – one of those views that stops conversation on a coach. Thirteen towers survive from the medieval period when 72 proclaimed family wealth and Guelph-Ghibelline rivalry; the political feuds that played out here were among Europe's earliest experiments in organised party politics. Piazza della Cisterna takes its name from the ingenious cistern below – a system of rooftop channels that collected rainwater across the entire town, allowing it to outlast sieges indefinitely. Gelateria Dondoli on the same square has been recognised among the world's finest; the hazelnut is non-negotiable. From the Rocca above the town, the full panorama of towers and Tuscan valley opens in every direction.

We return to Siena the long way – the winding Chianti road through olive groves, cypress trees, and vineyards that is an hour longer than the direct route and considerably more beautiful.

Overnight in Siena.

Included Meal(s): Breakfast and Dinner

### Day 30 Siena - Volterra - Pisa - Lerici

The drive to Volterra crosses a landscape that keeps surprising. The valley opens to reveal the cooling towers of a geothermal power plant – Tuscany drawing energy directly from the volcanic earth beneath it – and just before the town, a giant red circle on the hillside marks one of sculptor Mauro Staccioli's land art installations, placed across his native landscape and stopping travellers on this road for decades.

Volterra sits on a high plateau behind Etruscan walls that predate Rome. Our walking tour takes in the Etruscan Gate – its basalt heads of deities gazing across a valley Rome had not yet conquered – the Romanesque Duomo and Baptistery, and a Roman amphitheatre intact enough to require almost no imagination. Volterra has worked alabaster since the Etruscan period; workshops still carve the translucent stone by hand throughout the town. We finish at the Guarnacci Museum, where the Ombra della Sera – a haunting elongated bronze figure from the 3rd century BC – stands in quiet conversation with anything Giacometti ever made.

En route to Pisa the coach passes through La Sterza, Andrea Bocelli's birthplace, where the businesses have his name and the surrounding hills contain his outdoor Teatro del Silenzio. The Arno appears shortly after – the same river that runs through Florence – and the Leaning Tower announces itself above the rooftops before the coach has quite arrived.

At the Campo dei Miracoli we visit the Duomo, the Baptistery – where the guard demonstrates the acoustics on the hour – and the atmospheric Camposanto cemetery, its cloistered walls enclosing soil reputedly brought from Golgotha by Crusaders. The Tower provides the closing ritual.

The drive to Lerici passes the Carrara marble quarries – the source of the stone Michelangelo hauled down these same mountains for the David and the Pietà – and basil fields that make the coastal air smell like a kitchen. Lerici itself sits at the head of a Ligurian bay, dinner is timed for sunset over the water, and passengers routinely wish the itinerary allowed two nights.

Overnight in Lerici.

Included Meal(s): Breakfast and Dinner

### Day 31 Lerici - Cinque Terre - Florence

The morning begins at the Lerici waterfront, where the boat to the Cinque Terre departs after breakfast. This matters: the Five Lands reveal themselves properly only from the sea. The villages – Riomaggiore, Manarola, Corniglia, Vernazza, Monterosso – are built into cliffs so steep that from the land you see only the town you're standing in. From the water, with all five visible in sequence against the Ligurian coast, the full improbability of what medieval people built here becomes clear.

We disembark at Vernazza, generally considered the most dramatically positioned of the five – a single street descending to a small harbour, pastel buildings stacked above it, fishing boats pulled up on the stones. From here the day opens up. The Cinque Terre operates like a five-stop commuter railway, and once your Tour Leader has oriented everyone to the system – trains running every twenty minutes or so between the villages, passes valid all day – the group spreads out according to appetite and fitness.

Those who want to walk will find trails connecting the villages through terraced vineyards producing local Sciacchetra wine, with varying degrees of difficulty and coastal views that reward every metre of elevation gained. Trail conditions vary seasonally and some sections have been subject to closure following flooding – your Tour Leader will have current information and won't send anyone somewhere that isn't

open. Those who prefer to travel by train can cover all five villages at their own pace, lingering over lunch in whichever square suits them. Monterosso, the largest and most beach-fronted of the five, makes a natural gathering point by early afternoon.

The group reconvenes at La Spezia station before the drive to Florence — a journey that takes the better part of two hours and delivers you into the city in time for dinner. Somewhere between the Ligurian coast and the first Tuscan hills, the week's pace shifts perceptibly. Tomorrow the Renaissance begins.

Please note: The actual order of Florence sightseeing elements may vary from this description. Your Tour Leader will advise of any adjustments in advance.

Overnight in Florence.

Included Meal(s): Breakfast and Dinner

### Day 32 Florence: Uffizi & City Walking Tour

Florence transformed the world during the Renaissance, and the evidence is everywhere on foot — which is how we spend today.

We begin at the Uffizi, Giorgio Vasari's 16th-century administrative building for the Medici that now houses Italy's greatest art collection. Our guided tour moves through corridors lined with Botticelli, Leonardo, Raphael, Michelangelo, Titian, and Caravaggio — each room a landmark in the story of how European painting learned to see. The collection's centrepiece is Botticelli's Birth of Venus, painted around 1485: the goddess emerging from the sea on a shell, the nude female form celebrated as beauty itself rather than shame, classical antiquity reborn in Florentine paint. Before leaving, the gallery offers a window with a view directly over the Ponte Vecchio — a good moment for the guide to tell its story without losing anyone to the gift shop.

Outside, Piazza della Signoria functions as an open-air sculpture museum — Cellini's Perseus, a copy of Michelangelo's David, the Loggia dei Lanzi — the civic heart of Renaissance Florence, where political decisions were announced and occasionally enforced in public. En route to the Accademia we pass the Mercato del Porcellino, where a bronze boar's snout has been rubbed smooth by centuries of hands seeking good luck, and where a less celebrated spot beneath the market stalls once served a more humiliating civic purpose: the public paddling of Florentines who failed to repay their debts.

At the Accademia, Michelangelo's David needs no introduction and rewards no rushing. Seventeen feet of marble carved from a single block by a 29-year-old, it remains the Renaissance's fullest statement of human potential — and the room that contains it, with four of Michelangelo's unfinished Prisoners lining the approach, is one of the great theatrical spaces in art.

After lunch we pass the Cathedral of Santa Maria del Fiore — Brunelleschi's dome examined from the outside, the full complex saved for tomorrow — before continuing to Santa Croce, the Franciscan church that serves as Florence's pantheon. Michelangelo is buried here, as are Galileo, Machiavelli, and Rossini. The Pazzi Chapel in the first cloister is Brunelleschi's most perfect small building.

A gelato stop near the square closes the afternoon before free time returns the city to you.

Overnight in Florence.

Included Meal(s): Breakfast and Dinner

### Day 33 Florence: The Duomo Complex & Free Afternoon

This morning belongs to the building that defines the Florentine skyline — and to the objects inside it that most visitors never reach.

The Ghiberti Pass gives us access to the full Cathedral complex: the Cathedral itself, the Baptistery, the Museo dell'Opera del Duomo, and the ancient basilica of Santa Reparata buried beneath the current nave — the city's original 4th-century church, excavated and now walkable underfoot. Our guide meets us at Caffè Scudieri on the square, and the three-hour tour moves through a sequence that rewards having saved this for a second day.

The Baptistery's bronze doors are the starting point for understanding everything that followed in Florentine art. Lorenzo Ghiberti spent 27 years casting the east doors — the ones Michelangelo called the Gates of Paradise — ten gilded panels depicting Old Testament scenes with a spatial depth and narrative complexity that had no precedent in medieval metalwork. The original panels are housed in the Museo dell'Opera

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across the square, where they can be seen at eye level: faces, drapery, and architectural recession worked into bronze with a precision that still stops conservators. What hangs on the Baptistery today are high-quality replicas; the originals are here.

Brunelleschi's dome — wider than St. Peter's in Rome, completed in 1436 without scaffolding using a double-shell technique he kept deliberately secret — is best understood from the museum's scale models before being experienced from the outside. Those wishing to climb the 463 steps to the lantern can arrange this independently during the free afternoon; the views across the Arno valley justify every one of them.

The afternoon is yours — Florence returned to you without agenda.

Overnight in Florence.

Included Meal(s): Breakfast and Dinner

### Day 34 Florence - Ravenna: Town Tour

From Tuscany we drive into Emilia-Romagna, where fertile plains surrounding the Po River produce Italy's culinary treasures. This region claims balsamic vinegar among its gifts to gastronomy, and today we visit an acetia—a traditional vinegar producer—where we discover the intricate ageing process. Walking through cellars lined with wooden barrels, we understand why authentic balsamic vinegar commands premium prices and requires decades to perfect.

We arrive in Ravenna, an incomparable treasury of Byzantine art. When unstoppable barbarians threatened Rome in AD 402, the Western Roman Empire shifted its capital here. Though Ravenna eventually fell in the 5th century, Byzantines recaptured it in 540 under Emperor Justinian. For three centuries Ravenna flourished as Byzantium's western outpost, its artistic and religious influence flowing not from Rome but from Constantinople—today's Istanbul. Inside humble-looking churches we discover the Western world's most spectacular Byzantine mosaics outside Istanbul itself.

Our walking tour explores medieval Ravenna's charming streets, visiting the Mausoleum of Galla Placidia — a Roman princess whose tomb is entirely covered in dazzling mosaics that shimmer in dim light, creating an almost otherworldly atmosphere — and the Mausoleum of Theodoric, whose dome was carved from a single stone block weighing an astonishing 336 tonnes. We then enter the Basilica di San Vitale, included in the same ticket and saving the best for last. The octagonal interior is covered floor to ceiling in 6th-century mosaics of breathtaking completeness: the Emperor Justinian and Empress Theodora in full imperial procession, their gold-ground panels among the most celebrated images to survive from the ancient world. Byzantine art at its absolute zenith — and one of the most extraordinary interior spaces in Europe.

Overnight in Ravenna.

Included Meal(s): Breakfast and Dinner

### Day 35 Ravenna - Verona - Padova (Padua)

We depart Ravenna, driving through the Colli Euganei — the Euganean Hills — a region celebrated for thermal springs and exceptional wines. Our destination is Verona, setting for Shakespeare's Romeo and Juliet and one of Italy's most appealing cities. Pink marble Roman ruins and rose-tinted buildings create a romantic atmosphere that needs no literary association to justify it. The first-century Arena dominates Piazza Bra, the vibrant heart of Veronese life, and still hosts opera performances today — the third-largest Roman amphitheatre surviving from antiquity.

Our walking tour moves through Verona's layered history: the Gothic mausoleums of the Scaligeri family who ruled the city in the 13th and 14th centuries; Castelveccchio and the elegant Ponte Scaligero spanning the Adige; Piazza delle Erbe, the old Roman forum now ringed with medieval buildings and market stalls; the Roman gate on Corso Porta where ancient stonework sits matter-of-factly alongside daily Veronese life; and Juliet's courtyard, where the famous balcony draws visitors from across the world.

This afternoon we continue to Padova, our base for the Veneto.

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Included Meal(s): Breakfast and Dinner

### Day 36 Padova: Town Tour - Venice

Giotto's frescoes in the Scrovegni Chapel are among the most carefully protected works of art in the world, viewable only in small groups for strictly limited periods. Standing in the blue-vaulted interior, golden stars overhead and the full biblical narrative unfolding across every wall, it is easy to understand why this modest chapel is considered the most important painted room in Western art. This is where the revolution that began on the walls of Assisi's Upper Basilica reached its fullest expression.

We then visit the Basilica of Saint Anthony – entering Vatican City in the process, this being Italy's only extra-territorial Vatican property outside Rome – where the Cappella delle Reliquie contains the preserved tongue, jaw and vocal cords of the saint himself, still drawing pilgrims from across the world. We then proceed to the University of Padova, founded in 1222. We visit the world's oldest permanent anatomy theatre, built in 1594, its steeply raked viewing balconies so narrow that students who fainted were prevented from falling. Our guide unlocks the hall where Galileo Galilei once lectured, largely unchanged since.

The morning concludes with a stop at Caffè Pedrocchi, a Padovan institution whose tricolour rooms – white, red, and green – reflect the flag of a unified Italy that didn't yet exist when it opened in 1831. The outdoor market fills the Piazza della Frutta nearby, and lunch is yours among the surrounding streets.

This afternoon we drive to Venice – passing Prato della Valle, the largest public square in Europe – and begin two nights in the most improbable city ever built.

Overnight in Venice.

Included Meal(s): Breakfast and Dinner

### Day 37 Venice: City Tour

Our guided walking tour begins at the Doge's Palace, for nearly a thousand years the seat of Venetian power. The council chambers – hung with paintings by Tintoretto, Veronese, and Titian – served as both workplace and theatre of legitimacy, and the palace connects to the prison via the Bridge of Sighs, where condemned men caught their last view of the lagoon before descending into cells from which Casanova made his famous rooftop escape in 1755.

We then enter St. Mark's Basilica, built to house relics of the Evangelist brought from Alexandria by Venetian merchants in 828. Its mosaics – assembled over centuries by craftsmen drawing on Constantinople – produce an effect unlike anything else in the Western Christian tradition. This is Byzantine art at its most opulent, and a reminder that Venice never really looked west for its inspiration.

Later we board the vaporetto and travel the Grand Canal, passing palazzi whose facades compress centuries of European architectural history. At the Rialto market – one of the oldest settled points on the islands – locals still buy fresh produce and Adriatic seafood much as they have for centuries. Beneath the spectacle, Venice remains a city people actually live in.

Overnight in Venice.

Included Meal(s): Breakfast and Dinner

### Day 38 Departure

We say farewell to Venice this morning – a city that has been confounding departures since the Republic first made itself indispensable to the known world. Whether you leave by water taxi across the lagoon or simply stand a moment longer at a canal bridge before heading to the airport, something of Italy tends to follow you home.

Buon viaggio!

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Included Meal(s): Breakfast