Tour Code
PS1

ADVENTURESABROAD

PORTUGAL

'Land of Discovery'

8 days

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Day 1 Arrival in Lisbon

Welcome to Lisbon, where Atlantic breezes carry whispers of maritime empires across cobblestone squares.

Portugal's legendary capital has beckoned explorers for over eight centuries, and today we join that grand tradition of discovery.
Since wresting control from the Moors in 1147, Lisbon has woven itself into the fabric of world history as Europe's first truly global city. From these very hills, Vasco da Gama charted routes to India, while Magellan dreamed of circumnavigating the globe. The colonial elegance that still graces the city's architecture speaks to an era when Portuguese caravels connected continents from Brazil to Macau.

This evening, we gather fellow travellers for our first dinner together, sharing anticipation for the journey ahead through Iberia's most captivating landscapes and storied cities.

Overnight in Lisbon.

Included Meal(s): Dinner

Day 2 Lisbon: City Tour

Lisbon unfolds before us like a living museum of maritime ambition, where Europe's second-oldest capital reveals its secrets through winding neighbourhoods and panoramic viewpoints.

We begin our exploration in the bohemian quarters of Bairro Alto and Chiado, where 16th-century working-class districts have evolved into artistic havens. Writers and painters have found inspiration here for generations, their legacy echoing through narrow streets lined with traditional Portuguese tiles.

Next, we navigate the medieval labyrinth of Alfama, Lisbon's Moorish heart, where laundry-draped balconies overlook ancient alleyways climbing toward São Jorge Castle. The fortress crowning this district offers commanding views over terracotta rooftops stretching to the Tagus River.

We then descend to Baixa, the methodically planned "lower town" rebuilt after the devastating 1755 earthquake. This geometric grid of streets and grand squares represents Enlightenment urban planning at its finest, creating Lisbon's commercial heartbeat.

This afternoon brings free time for personal discoveries. While we don't include Belém and Jerónimos Monastery in our formal programme due to overwhelming crowds, your Tour Leader can advise on optimal visiting strategies should you wish to explore this UNESCO site independently.

Overnight in Lisbon.

Included Meal(s): Breakfast and Dinner

Day 3 Lisbon - Obidos - Nazare - Fatima - Leiria

We venture northward through Portugal's heartland, where medieval fortifications and fishing traditions create an authentic tapestry of Portuguese culture.

Our first discovery awaits in Óbidos, a perfectly preserved medieval town encircled by 14th-century walls. We pass through the remarkable 18th-century gatehouse adorned with traditional azulejo tiles, entering a world where narrow cobblestone streets wind between brilliant white houses trimmed in cheerful blue. Gothic and Renaissance churches, particularly the beautiful Igreja de Santa Maria, remind us of Óbidos's historical significance as a royal wedding gift from King Dinis to Queen Isabel.

We then proceed to Nazaré, Portugal's most celebrated fishing village, where Atlantic waves have shaped both landscape and livelihood for

centuries. En route, we pause at Batalha for photographs of its magnificent monastery before witnessing Nazaré's iconic scene: brightly painted boats drawn up on sandy beaches. From the clifftop neighbourhood of Sítio, panoramic views reveal why this location became legendary among Portugal's fishing communities. Traditional seven-skirted costumes still grace local women near the Nossa Senhora de Nazaré Basilica, an important pilgrimage destination.

Our final stop brings us to Fátima, the renowned Catholic shrine where three shepherd children experienced visions in 1917. We visit the Basilica and Chapel of Apparitions marking this sacred site before continuing to charming Leiria.

Overnight in Leiria.

Included Meal(s): Breakfast and Dinner

Day 4 Leiria - Coimbra - Bussaco - Viseu

Portugal's intellectual heritage beckons as we journey to Coimbra, where university spires have crowned hillsides since medieval times. Coimbra served as Portugal's capital for over a century, and its steeply terraced historic centre, dating to Moorish occupation, retains wonderfully atmospheric cobbled lanes overlooked by the monumental cathedral. This UNESCO World Heritage city houses continental Europe's oldest university, founded in 1290, making it older than Cambridge or the Sorbonne.

We explore the magnificent 12th-century Sé Velha Cathedral, its Romanesque solidity contrasting with the ornate Manueline doorways of the 13th-century university. The baroque library, with its gilt shelving and frescoed ceiling, represents one of Europe's most beautiful academic repositories. We also visit the Alameda Gate and Santa Cruz Church, plus the Machado de Castro Museum to witness the remarkable Roman tunnels upon which the building stands.

After a break for lunch and free time, we continue to Buçaco, renowned for its extraordinary botanical collection of over 400 native species plus 300 varieties brought by Portuguese explorers from Mexico, Japan, and Africa. The royal family cherished this forest retreat so deeply they constructed a summer palace and hunting lodge, now an elegant hotel. Here, in 1810, Wellington's forces defeated Napoleon's troops at the Battle of Buçaco, marking the turning point in the French invasion attempt.

Overnight in Viseu.

Included Meal(s): Breakfast and Dinner

Day 5 Viseu - the Douro Valley - Porto

Viseu's ancient streets reveal why Romans chose this elevated position, its name deriving from "viso," meaning "good view." We stroll through the historical centre, discovering the Cathedral, Misericórdia Church, and remarkable Synagogue that speak to centuries of cultural diversity.

We then embark on a picturesque drive through landscapes dotted with traditional granite houses adorned with wooden balconies, entering the legendary Douro Valley. This UNESCO World Heritage site represents the world's first demarcated wine region, established in 1756 when Portuguese authorities recognised the unique terroir producing exceptional port wine.

Steep terraced hillsides, carved by generations of vintners, create amphitheatres of vines stretching along the meandering river. Famous company names—Cockburn's, Taylor's, Sandeman—announce their presence on weathered placards, testament to centuries of Anglo-Portuguese wine trade.

En route, we stop for a cellar tour, tasting, and included lunch at a traditional quinta, learning how schist soil and microclimate combine to create port's distinctive character. We also visit Amarante's bustling market, where local specialties reflect the region's agricultural abundance.

Arriving in Porto this evening, dinner remains at your leisure, allowing flexibility to explore this atmospheric riverside city independently.

Overnight in Porto.

Included Meal(s): Breakfast and Lunch

Day 6 Porto: City Tour

Porto reveals itself as a masterpiece of urban evolution, where 2,000 years of continuous habitation have created one of Europe's most atmospheric cities.

The Romans established Portus Cale at this strategic river mouth, giving Portugal its name. During Roman times, the settlement gained prominence facilitating trade between Lisbon and Braga, eventually becoming the launching point for Portugal's Age of Discovery.

Built along hillsides overlooking the Douro's mouth, Porto displays an outstanding urban landscape reflecting centuries of prosperity linked to Atlantic commerce. The UNESCO World Heritage historic centre preserves treasures spanning Romanesque, Gothic, Baroque, and Neo-classical periods, creating Portugal's most architecturally rich cityscape after Lisbon.

Our walking tour includes the opulent Stock Exchange Palace with its lavish neoclassical interiors, the Cathedral commanding views over terracotta rooftops, and São Bento Station famous for its spectacular azulejo tile panels depicting Portuguese history. The medieval Ribeira district enchants with its labyrinthine streets and riverside Praça da Ribeira, where we visit the 13th-century Igreja de São Francisco. Unfortunately, the exquisitely gilded Igreja de Santa Clara remains closed for restoration, viewable only from outside.

This afternoon, we leisurely cruise the Douro River, witnessing Porto's remarkable skyline from the water.

Overnight in Porto.

Included Meal(s): Breakfast and Dinner

Day 7 Porto: Braga & Guimaraes

Braga beckons with its extraordinary concentration of religious architecture—over 300 churches earning it recognition as Portugal's spiritual capital and Christendom's highest church-per-capita ratio.

Founded by Goidelic Celts called the Bracari several millennia ago, Braga's strategic location attracted successive occupations. Romans arrived in 250 BC, making it the hub of five major roads leading to Rome. Suevians conquered it in 409 AD, replaced by Visigoths in 485, who yielded to Moorish armies in 711. For three centuries, Christians and Muslims contested control until the 11th century Christian reconquest.

Our exploration centres on Santuário do Bom Jesus do Monte, a UNESCO World Heritage Site featuring a spectacularly situated church built in 1784. Carlos Amarante's Italian-inspired neoclassical design integrates harmoniously with northern Portugal's landscape. The remarkable stairway contains 17 landings adorned with symbolic fountains and allegorical statues in full Baroque splendour.

We ascend via the funicular—the first built on the Iberian Peninsula and the world's oldest water-counterbalanced system. From the summit, panoramic views encompass the ornate granite fountains cascading down the hillside and the gleaming white church crowning this pilgrimage site.

In Braga's medieval quarter, Renaissance and Manueline palaces neighbour baroque churches along narrow streets that have witnessed centuries of faith and commerce.

After a break for lunch, we proceed to Guimarães, birthplace of Portugal's first king and 2012 European Capital of Culture. In this UNESCO-listed medieval quarter, we begin at Largo da Oliveira, admiring varied architectural styles. Window boxes burst with colourful flowers as we pass workshops, bakeries, and stores operating unchanged by time's passage.

Overnight in Porto.

Included Meal(s): Breakfast and Dinner

Day 8 Departure

Departure from Porto.

BOA VIAGEM!!

Included Meal(s): Breakfast