



# POLAND & THE BALTIC STATES

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### Day 1 Arrive in Krakow

Today we arrive in Krakow.

For over five centuries, from 1038 to 1596, this enchanting city served as the seat of Polish royalty before Warsaw claimed the crown. Tonight, we step into a living fairy tale where nearly 100 churches pierce the skyline and medieval squares echo with the footsteps of history. As twilight falls over the old world charm that has made Krakow one of Europe's most beloved destinations, we settle into our accommodation.

Overnight in Krakow.

Included Meal(s): Dinner, if required.

# Day 2 Krakow: City Walking Tour

We begin our exploration atop Wawel Hill, where the Royal Castle commands sweeping views over the Vistula River. This limestone outcrop has witnessed Poland's most pivotal moments, from coronations to royal funerals. Our sightseeing unfolds largely on foot at a leisurely pace through Krakow's compact, well-preserved centre, where cobblestone streets connect architectural treasures within comfortable walking distances.

As we descend into the heart of the Old Town, we enter Europe's largest medieval market square—the magnificent Rynek Gówny, where merchants have traded for over 700 years. The haunting trumpet call from St. Mary's Church towers above us, a tradition dating to the 13th century when a trumpeter's warning saved the city from Mongol invasion. Inside, we marvel at the Wit Stwosz altar, carved in 1489 by the master craftsman from Nuremberg—Poland's finest sculptural masterpiece. Our journey continues through the cobblestone streets to Jagiellonian University, one of Europe's oldest institutions, where Copernicus once studied the stars.

We conclude in Kazimierz, the former Jewish Quarter that has transformed from medieval independent town to vibrant cultural district. Here, centuries of Jewish heritage blend with contemporary café culture, creating an atmosphere both poignant and alive with possibility.

Overnight in Krakow.

Included Meal(s): Breakfast and Dinner

# Day 3 Oskar Schindler Museum & Wieliczka Salt Mines

This morning we visit the Oskar Schindler's Factory Museum. The story of Oskar Schindler and his employees is one which has been well-known since the book and film by Thomas Keneally and Steven Spielberg (whose film 'Schindler's List' was shot almost entirely in Krakow). Individual histories of Krakow's wartime inhabitants guide visitors through the exhibit which covers the war of 1939, everyday life under occupation, the fate of the Jews and the city's underground resistance using vast archival documents, photos, radio and film recordings, period artifacts and multimedia.

After a break for lunch featuring Polish specialties,\* we'll embark on a truly unique adventure: a descent into the Wieliczka Salt Mines. This isn't your average mine tour. Prepare to be amazed as we journey 5 kilometers (3 miles) beneath the earth's surface, exploring a world sculpted entirely by salt.

We'll wander through a labyrinth of salt-formed caves and grottoes, each with its own unique character and charm. Our descent will lead us to a mesmerizing subterranean lake, its surface reflecting the eerie glow of the mine lamps. And, perhaps the most awe-inspiring sight of all, we'll visit a chapel adorned with intricate sculptures, all carved entirely from the surrounding salt.

The scale of this operation is truly staggering. The Wieliczka Salt Mines boast 11 levels of galleries, stretching an incredible 300 kilometers (186 miles) in total. Over 700 years of continuous mining have yielded a staggering 20,000,000 tonnes (22,000,000 tons) of rock salt.

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But the history of the Wieliczka Salt Mines goes beyond mere extraction. Local legend tells the tale of Princess Kinga, a Hungarian princess whose lost ring was miraculously found within a block of salt mined here in the 13th century. This discovery is said to be the origin story of the mines themselves.

Return to Krakow.

\* Because of the fullness of our day, and because past travellers indicated a desire for some independence for dinner while in Krakow (and an earlier night), we include a light lunch instead of dinner today.

Overnight in Krakow.

Included Meal(s): Breakfast and Lunch

### Day 4 Krakow - Oswiecim (Auschwitz) - Czestochowa - Lodz

Our journey takes a solemn turn as we arrive at Owicim and Birkenau, where the preserved barracks and railway ramps bear witness to humanity's darkest chapter. Here, 1.5 million souls from 28 nations perished, their stories now preserved as an eternal reminder of the importance of tolerance and human dignity. Our guide shares personal testimonies that transform statistics into human faces, ensuring these voices are never forgotten.

From this profound experience, we travel to Poland's spiritual heart—Czstochowa and the Jasna Góra Monastery. Within these sacred walls resides the Black Madonna, Poland's most venerated icon, believed painted by St. Luke himself and brought from Jerusalem in 1384. Pilgrims have journeyed here for centuries, drawn by the mysterious power of this darkened image that has survived Swedish invasions and Nazi occupation.

Our day concludes in ód (pronounced "Wooj"), the city that rose from humble village to Europe's textile powerhouse in just one century. Once known as "the promised land" and "city of many cultures," this multicultural marvel welcomed Germans, Russians, and Jews who together wove the fabric of industrial prosperity. Tonight, we discover how this diversity created one of Europe's most fascinating urban tapestries.

Overnight in Lodz.

Included Meal(s): Breakfast and Dinner

# Day 5 Lodz - Warsaw: City Tour

Today our journey continues to Warsaw, a city that rises before us like a phoenix from ashes—refusing to surrender its soul to destruction. After being systematically razed during World War II, Warsaw's citizens embarked on one of history's most remarkable reconstruction projects, rebuilding their beloved Old Town brick by brick, using paintings and photographs as their guide. Today's UNESCO-protected historic centre stands as testimony to Polish determination and cultural pride.

We begin along the elegant Royal Route, where kings once processed to their coronations, then dive into the meticulously restored Old Town. Castle Square pulses with life while the Uprising Monument honours the heroes of 1944. Crossing the Vistula River to the Praga district, we gain panoramic views of this resilient capital that has shed its Soviet-era persona to emerge as Central Europe's dynamic business hub.

In the former Jewish Ghetto area, we visit the poignant Umschlagplatz memorial before exploring the Museum of the History of Polish Jews. Through innovative multimedia exhibitions, we discover the thousand-year story of Poland's Jewish community—once Europe's largest—whose vibrant culture flourished here before the Holocaust forever changed this landscape.

Overnight in Warsaw.

Included Meal(s): Breakfast and Dinner

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# Day 6 Warsaw Sightseeing - To Torun

The morning begins at the Warsaw Uprising Museum, housed in a former tram power station where artifacts tell the story of the city's 1944 rebellion. Love letters, weapons, and personal belongings of the insurgents create an intimate portrait of ordinary citizens who chose extraordinary courage. These exhibits reveal how 200,000 Warsaw residents fought for freedom during 63 days that would define their city's character forever.

Leaving Warsaw's complex history behind, we journey north to medieval Toru, a UNESCO World Heritage gem that time forgot to destroy. Nestled on the Vistula River's banks, this enchanting city miraculously escaped World War II bombing, preserving its Gothic architecture in pristine condition. The warm glow of red-brick buildings reflects centuries of Hanseatic League prosperity, when merchants from across Northern Europe gathered in these cobblestone squares.

As evening approaches, Toru's outdoor cafés come alive with the aroma of local delicacies. The majestic St. Mary's Church towers above us, its bells calling across centuries of Polish history while we settle into the timeless rhythm of medieval life.

Overnight in Torun.

Included Meal(s): Breakfast and Dinner

# Day 7 Torun: Nicolaus Copernicus Museum - Gdansk

We begin in the very house where Nicolaus Copernicus was born in 1473, the man who revolutionised our understanding of the universe. The museum's collection of rare astronomical instruments, ancient star charts, and original manuscripts reveals how this Polish genius challenged centuries of accepted wisdom. Standing in his birthplace, we appreciate how medieval Toru nurtured the mind that would prove Earth revolves around the Sun.

The imposing 13th-century Town Hall dominates our morning explorations—one of Northern Europe's most magnificent civic buildings. Its Gothic towers have overseen seven centuries of commerce and culture, while the surrounding streets preserve the medieval urban planning that made Toru a Hanseatic League powerhouse.

Our journey continues to Gdask, the "Maritime Pearl of Poland," where narrow, peaked-roof buildings create one of Europe's most photogenic skylines. This Baltic port city carries the weight of momentous history—World War II began with disputes over Gdask's control, while decades later, Lech Wasa's Solidarity movement launched from its famous shipyards.

Tonight, we stroll the iconic Duga Street, past Neptune's Fountain and into St. Mary's Church, one of the world's largest brick churches, as Baltic sea breezes carry stories of merchants, warriors, and revolutionaries.

Overnight in Gdansk.

Included Meal(s): Breakfast and Dinner

#### Day 8 Gdansk Area Tour

Gdask's strategic Baltic position has made it one of Northern Europe's most coveted ports for centuries, a blessing that became a curse when competing powers tore the city apart. By 1945, the German population had fled and Polish settlers renamed the ruins "Gdask," beginning the painstaking reconstruction we admire today. Though most buildings rose from rubble, master craftsmen ensured every Gothic detail matched the original splendour.

We venture to nearby Oliwa Cathedral, where Cistercian monks first built their shrine in the 13th century. Fire destroyed and transformed this sacred space multiple times—the Gothic interior gave way to magnificent Baroque fixtures after a devastating 1577 blaze. The cathedral's crowning glory awaits: a massive organ with over 7,000 pipes, decorated with movable angels and painted stars. When constructed, this instrument was Europe's largest, and today its thunderous voice still rivals any concert hall.

At the European Solidarity Centre, multimedia exhibits chronicle how electrician Lech Wasa sparked a movement that would topple communism across Eastern Europe. The story of Solidarity—from shipyard strikes to Nobel Peace Prizes—unfolds through personal testimonies and artifacts from this pivotal chapter in modern European history.

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The afternoon belongs to you in this "Amber Capital of the World," where shops display fossilised treasures from the Baltic's ancient forests. In order to maximize your free time in this fascinating place, we do not include dinner this evening.

Overnight in Gdansk.

Included Meal(s): Breakfast

# Day 9 Gdansk - Malbork - Olsztyn

Our morning begins with Europe's largest brick building—the magnificent Teutonic Knights Castle at Malbork. This 13th-century fortress stretches along the Nogat River like a medieval city unto itself, its towering walls and Gothic halls testament to the military might of the Crusading order. UNESCO protection ensures future generations will witness the architectural genius that once commanded the Baltic trade routes.

As we continue southeast, Poland's landscape transforms into the pristine beauty of the Masurian Lake District. Rolling hills give way to sparkling waters and dense forests that have remained largely unchanged since the Ice Age carved this terrain. Olsztyn emerges like a fairy tale town, its medieval walls encircling narrow cobblestone streets where Gothic churches and Renaissance townhouses create perfect architectural harmony.

The fortified walls surrounding Olsztyn's old town whisper tales of Swedish invasions and Napoleonic campaigns, while cozy cafés and artisan shops invite us to experience the gentle rhythm of lake district life. Tonight, we rest in this charming sanctuary where nature and history exist in perfect balance.

Overnight in Olsztyn.

Included Meal(s): Breakfast and Lunch

#### Day 10 Olsztyn - Olsztynek - Warsaw

Our final morning in the lake district brings us to the Museum of Folk Architecture in Olsztynek, one of Europe's oldest and most comprehensive open-air museums. Wooden houses, rustic barns, and historic windmills transported from across the region create a living timeline of traditional Polish life. These structures, saved from demolition and lovingly restored, preserve centuries of craftsmanship and cultural memory.

We explore the interiors of beautifully restored farmhouses, where traditional furniture and household items reveal the daily rhythms of rural Polish families. The evangelical church, blacksmith workshop, and pottery stands demonstrate how entire communities once functioned as self-sufficient units. Temporary exhibitions showcase contemporary folk art alongside ancient handicrafts, proving these traditions continue to evolve rather than merely survive.

As we journey back through the Polish countryside toward Warsaw, wooden windmills and thatched-roof villages dot the landscape like scenes from a living museum.

Tonight, we return to Poland's dynamic capital carrying memories of a nation that has preserved its cultural soul while embracing its European future.

Overnight in Warsaw.

Included Meal(s): Breakfast and Dinner

#### Day 11 Warsaw, Poland - Vilnius, Lithuania

Today we fly\* from Warsaw to Vilnius and transfer to our hotel.

"Narrow cobblestone streets and an orgy of Baroque: almost like a Jesuit city somewhere in the middle of Latin America," wrote the author

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Czeslaw Milosz of pre-war Vilnius. Soviet-era satellite suburbs aside, it's a description which still rings true today. Despite being the capital of the medieval Lithuanian state, Vilnius was occupied by Poland between the wars and was inhabited mainly by Poles and Jews who played such a prominent role in the city's life that it was known as the "Northern Jerusalem". Vilnius is still a cosmopolitan place -- around twenty percent of its population is Polish and another twenty percent is Russian -- though with just 543,000 inhabitants it has an almost village-like atmosphere, making it an easy place to get to know.

\* NOTE: Depending on final group size and flight schedules (which can be erratic), this journey may take place overland (by private bus). If so, we apologize for the backtracking and inconvenience.

Overnight in Vilnius.

# **Day 12 Vilnius: City Touring**

This morning we have a guided walking tour of Vilnius.

Sweden, Poland, France and Russia have all ruled Vilnius in the past, and today we will witness the influences that this has had on this beautiful city. The Old Town is one of the largest in Europe, with nearly 1,500 historic buildings of note built over several centuries creating a splendid blend of many different architectural styles.

Our guided walking tour will take us to Cathedral Square in the heart of the city. Inside the cathedral we see the famous chapel of Saint Kazimieras, considered an architectural gem. Rising in the distance behind Cathedral Square is the Gedimino Tower, once part of the 14th century defense system. The Gates of Dawn, on the eastern side of the Old Town, were one of the original nine gates into the city. From this remaining gate we will walk down through the streets of the old town. Nearby is the Jewish Quarter, with its cobblestone lanes and hidden courtyards.

The afternoon is yours for independent exploration. If you'd like a break from Vilnius's historic monuments, you can take a walk through some of the charming gardens around the city. Maybe visit a self-proclaimed 'republic' of Uzupis, Vilnius's Bohemian and artistic district.

Highly-recommended is a self-guided visit to the KGB Museum (aka the Museum of Genocide Victims). For Lithuanians, the KGB Museum symbolizes the 50-year-long Soviet occupation. The museum building is as intact as it was in 1991, when the KGB left the premises.

Overnight in Vilnius.

Included Meal(s): Breakfast and Dinner

#### Day 13 Vilnius - Trakai - Kaunas - Klaipeda

This morning we leave the capital and travel to Klaipeda with a stop at Trakai, a former capital of Lithuania. The town, situated on the shores of several lakes, has two prominent castles built to fend off German knights in the 14th century.\* Trakai is famous for its population of Kara-Kalpak people, brought to Trakai from the Crimean Peninsula by the Grand Duke Vytautas in the late 14th century. The Kara-Kalpak still hold their Jewish religious services in the yellow Kinessa, built in 1812. Our guided tour here includes a visit to the Trakai Historical Museum, housed within the main rooms of Trakai's island castle.

From Trakai, we continue our journey to Kaunas, Lithuania's second-largest city. Known for its rich history and vibrant cultural scene, Kaunas is an ideal spot for a lunch break and a brief exploration. Before continuing, we'll take a stroll to appreciate the city's charming old town with its historic buildings and bustling streets.

After our visit to Kaunas, we resume our journey to Klaipeda, a vibrant port city on the Baltic Sea offering a delightful blend of history, culture, and seaside relaxation. The city's maritime heritage is evident from the moment we step off the coach, with the harbour bustling with activity and the distant cry of seagulls filling the air.

After settling in, we head out for a leisurely stroll though Klaipeda's Old Town. This area is a delightful mix of cobblestone streets, historic buildings, and quaint squares. As we wander, we notice the half-timbered houses and decorative facades that reflect the city's Germanic past and transformation over the centuries, from its roots as a medieval fortress to its role as a key trading port.

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\* PLEASE NOTE that Trakai Castle will be under renovation until 2027, during which time specific parts of the complex will have limited access and certain parts will be closed on a rotational basis. Parts of the exterior will also be under scaffolding. Though it is unpredictable, should a visit become impractical, we may substitute the visit with something else of interest in the city or the surrounds.

Overnight in Klaipeda (or nearby or Liepaja).

Included Meal(s): Breakfast and Dinner

### Day 14 Klaipeda & the Curonian Spit

This morning we'll embark on a guided day trip to the Curonian Spit National Park, a UNESCO World Heritage site. A short ferry ride across the lagoon will transport us to this unique, narrow strip of land.

As we explore the park, we'll witness the relentless battle between the sea and the sand. Whole villages have been swallowed by the shifting dunes, leaving behind fascinating remnants of the past. We'll visit Juodkrante, a picturesque village renowned for its enchanting forest filled with whimsical wooden sculptures depicting Lithuanian folklore.

With Russia just a stone's throw away, we'll gain insights into the region's history and culture. We'll also delve into the world of amber, a precious gem that has been mined here for centuries. A visit to a local amber museum will reveal the beauty and mystique of this golden stone, possibly with a chance to taste an amber-infused drink.

We return to Klaipeda for dinner and overnight.

Overnight in Klaipeda.

#### Day 15 Klaipeda - Hill of Crosses, Lithuania - Rundale Palace, Latvia - Riga

This morning we leave Klaipeda and the coast behind and travel inland for a scenic drive through the Lithuanian countryside. Our first stop is the Hill of Crosses, a sacred site located just north of the industrial city of Siauliai. Renowned as Lithuania's national pilgrimage center, Siauliai is steeped in rich cultural traditions and captivating legends. Atop a modest hill, thousands of crosses stand as poignant symbols of Christian devotion and a powerful testament to the nation's resistance against German and Soviet occupation. In recent times, newlywed couples have made it a tradition to visit this hallowed ground after their wedding ceremony to seek divine blessings.

From the Hill of Crosses, we venture towards the Latvian border and continue our journey toward Riga, making a detour to Rundale Palace. This architectural gem, masterfully crafted by Francesco Bartolomeo Rastrelli, the visionary behind St. Petersburg's Winter Palace, is a breathtaking example of Baroque style infused with classical elements. Completed in 1768, the palace boasts opulent interiors adorned with crystal chandeliers, intricate stucco moldings, elegant silk wallpaper, and stunning paintings and frescoes by renowned Italian artists. It was within these regal halls that Latvian leaders extended a warm welcome to the Danish royal couple, showcasing the palace's grandeur and its ability to host dignitaries with utmost honour and splendour.

After a guided tour and a break for lunch, we'll make our way to Riga, the largest of the Baltic capitals. As we arrive, we'll be greeted by the city's stunning skyline, a blend of medieval architecture and modern skyscrapers.

Overnight in Riga

Included Meal(s): Breakfast and Dinner

#### Day 16 Riga's Old Town: Walking Tour

This morning we embark on a guided walking tour of Riga's Old Town, exploring some of the city's top sights and getting a real feel for its character.

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Our walk includes a stop at the mighty Freedom Monument, dedicated to those who fought for Latvia's independence. We'll pass by the Latvian National Opera House and the Powder Tower. Kalku Street, the main 'semi-pedestrian' thoroughfare, leads us to Livu Square, one of the Old Town's most bright and cheerful corners.

As we weave through the backstreets, we'll encounter St. Peter's Church, the tallest church in the city, dating back to 1209. The Three Brothers, the oldest residential buildings in the city, showcase Riga's historical craftsmanship.

One of the last segments of the city's defenses is the Swedish Gate, a small gateway through what looks like traditional residences. We'll stop at Town Hall Square to admire the iconic House of the Blackheads, a picture que landmark built for a merchant guild in the 14th century.

This afternoon, you'll have a bit of free time to explore Riga at your own pace.

Overnight in Riga.

Included Meal(s): Breakfast and Dinner

# **Day 17 Riga Touring Continued**

Today we begin our second day in Riga with a stop at the Central Market, a bustling hub of activity and a feast for the senses. Housed in old Zeppelin hangars, this market is one of the largest and most vibrant in Europe. As we wander through the stalls, we'll encounter a diverse array of goods—fresh produce, local delicacies, and handmade crafts.

Since the end of the Soviet era, Riga has revitalized many of its Art Nouveau buildings into pristine gems. We'll visit the Art Nouveau Museum, a fully-restored Art Nouveau apartment, to get a sense of this flamboyant architectural style.

We head to the Jewish area and the Ghetto Museum, which is mostly outdoors and offers a poignant insight into the history of Riga's Jewish community during World War II. A small green house, a relic from the former ghetto area, starkly illustrates the cramped living conditions of the time.

From the museum, we move on to the Academy of Sciences. Here, we take an elevator ride up, enjoying panoramic views of Riga's skyline. The final two floors must be climbed on foot, but the effort is rewarded with a breathtaking vantage point over the city, offering a unique perspective of its layout and landmarks.

After a morning of exploration, we drive to the Lido Leisure Centre on Krasta Street where you can get yourself some lunch. Known for its excellent food and reasonable prices, this casual dining spot is popular among locals and provides a great opportunity to sample hearty, authentic cuisine in a relaxed setting.

Post-lunch, we head to the Ethnographic Museum, a short drive away. This open-air museum showcases traditional Latvian life with a collection of historic buildings, including farmsteads, windmills, and churches, spread across a beautiful natural setting. As we explore, we get a glimpse into rural Latvian life over the centuries, with exhibits detailing everything from traditional crafts to daily living practices.

You will have some free time before our evening meal.

Overnight in Riga.

Included Meal(s): Breakfast and Dinner

#### Day 18 Riga - Ligatne - Cesis, Latvia - Tallinn, Estonia

This morning we depart Riga and head north toward Estonia with a stops en route to explore the the intriguing Soviet bunker in Ligatne. and the historic town of Cesis.

We make our way to Ligatne, a small town with a big secret. Here, we'll have the opportunity to visit a top-secret Soviet bunker, a relic of the Cold War. This underground facility was built to protect high-ranking officials in the event of a nuclear attack. During our tour, we'll learn about the bunker's history, its purpose, and the lives of those who worked there.

Cesis is a charming medieval town that's steeped in history. As we wander through the cobblestone streets, we'll admire the well-preserved

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timber-framed houses and the imposing Cesis Castle. The castle, with its towering walls and impressive fortifications, offers stunning views of the surrounding countryside.

After exploring Cesis with a break to get some lunch, we'll cross the border en route to Tallinn, the capital of Estonia. Historically, Tallinn has been attacked, sacked, razed and pillaged on numerous occasions. Although extensively bombed by Soviet air forces during the latter stages of World War II, much of the medieval Old Town still retains its charm. The Tallinn Old Town became a UNESCO World Cultural Heritage site in 1997.

Overnight in Tallinn.

Included Meal(s): Breakfast and Dinner

# Day 19 Tallinn Morning Walking Tour & Leisure Time

Today we immerse ourselves in the history and charm of Tallinn, starting with a leisurely guided walking tour through the city's most notable landmarks.

We begin at the Orthodox Church on Vene Street, a serene sanctuary with intricate icons and a peaceful atmosphere. At the City Museum, we delve into Tallinn's past through engaging exhibits. Next, the Marzipan Museum treats us to sweet delights and intricate marzipan sculptures.

We can pause for a coffee break at Tallinn's oldest coffee house on Pikk Street, where the aroma of freshly brewed coffee and the nostalgic ambiance set the perfect mood.

Continuing to the Holy Ghost Church, we are offered a glimpse of its distinctive white facade and 14th-century clock. We then visit the Old Pharmacy on the Main Square, one of Europe's oldest, with fascinating displays of ancient remedies. Ascending Toompea Hill, we marvel at the Alexander Nevsky Cathedral's onion domes and solemn interior, followed by a visit to Toomkirik, the Gothic-style Lutheran Cathedral.

With our walking tour complete, the afternoon is yours to explore at your own pace. Stroll through the picturesque Old Town with its jumble of medieval buildings, turrets, and walls. Wander through the charming Kadriorg Park, a serene oasis with beautiful gardens and historic palaces. Or, you might prefer to delve deeper into Tallinn's rich history by visiting one of the city's many museums.

Overnight in Tallinn.

# Day 20 Departure

Departure from Tallinn or continue to Helsinki to join our Nordic Europe tour.

SAFE TRAVELS!

Included Meal(s): Breakfast

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