Tour Code
MY1

ADVENTURESABROAD

THE HEART OF CENTRAL AMERICA

Nicaragua, El Salvador, Honduras & Guatemala

16 days

Created on: 11 Nov, 2026

Day 1 Arrival in Managua, Nicaragua - Transfer to Granada

We touch down in Managua to begin our journey through the volcanic heart of Central America -- four countries, one restless landscape shaped by fire and empire. From Managua it's roughly 45-60 minutes by road to the tour start point of Granada, along the shores of Lake Nicaragua (transfer info provided upon booking).

Founded in 1524, Granada is one of the oldest colonial cities in mainland Americas, its pastel facades and horse-drawn carriages surviving pirate raids, civil wars, and American filibuster William Walker, who briefly ruled here before torching the city in 1856. Rebuilt and resilient, its streets radiate from a leafy central park beneath Volcan Mombacho, with Lake Nicaragua stretching toward Ometepe Island's twin volcanoes, our destination in the days ahead.

We settle into our hotel and gather for a welcome dinner, where your Tour Leader outlines the adventure to come.

Overnight in Granada.

Included Meal(s): Dinner

Day 2 Las Isletas, Masaya Volcano National Park, Laguna del Apoyo, Caterina Viewpoint

Morning breaks over Lake Nicaragua as we prepare to explore an archipelago born of volcanic fury. Our private boat glides through Las Isletas, where 365 tiny volcanic islands create a natural maze of extraordinary beauty. Each island tells its own story—some inhabited by fishing families whose ancestors have called these waters home for generations, others draped in exotic vegetation that changes with the seasons.

We navigate narrow canals where patient fishermen cast their nets from traditional rafts, their techniques unchanged for centuries. The imposing Fortress of San Pablo emerges from the mists, built in the mid-18th century as Granada's shield against marauding pirates who once terrorized these waters. Restored in 1974, it houses pre-Columbian artifacts discovered on nearby Pensacola Islet—silent witnesses to civilizations that thrived here long before European arrival.

This afternoon, we venture into the heart of Nicaragua's geological drama at Masaya Volcano National Park. Established in 1979 as the country's first national park, this active crater presents a lunar landscape of raw, primal power. We walk the rim where Mayan peoples once made offerings to their gods, understanding why they called this the mouth of hell. The park museum reveals the complex relationship between the Nicaraguan people and their volcanic homeland.

Our day concludes at Caterina viewpoint, where young Augusto Sandino once contemplated Nicaragua's future liberation. From this vantage point above Laguna del Apoyo, we witness the same breathtaking panorama that inspired one of Latin America's most famous revolutionaries.

Overnight in Granada.

Included Meal(s): Breakfast and Dinner

Day 3 Ometepe Island Excursion

We get an early start for today's full-day excursion to Nicaragua's famous Ometepe Island.*

"Two hills"—Ometepe's name in ancient Nahuatl perfectly captures this hourglass-shaped island where twin volcanoes rise majestically from Lake Nicaragua's depths. Concepción and Maderas, connected by a narrow isthmus, create one of Central America's most dramatic geological formations. Concepción remains restlessly active, its last eruption in December 2007 serving as a reminder that this landscape continues its ancient dance of creation and destruction.

Our ferry crossing of Lake Nicaragua builds anticipation as Ometepe's volcanic silhouettes grow larger, and a local guide meets us on arrival in the harbour town of Moyogalpa. From here, smaller vehicles carry us around the island, the order and pace shaped by weather and how the day unfolds. An easy forest walk at Charco Verde brings us close to howler monkeys and a small lagoon, while elsewhere on Maderas' lower slopes we follow a trail of petroglyphs carved into volcanic stone by Ometepe's earliest inhabitants, and visit the Museo El Ceibo, home to their pottery and coins. Lunch lands wherever the day allows—a lakeside restaurant or a quiet beach—as our Tour Leader reads the group and the weather.

* SOME PAST TRAVELLERS have chosen to do their "own thing" today, choosing to enjoy an unstructured day of relaxation and enjoying the charms of Granada. If this may be something of interest, you can confer with your Tour Leader regarding the nature of today's excursion as part of your decision making.

Overnight in Granada.

Included Meal(s): Breakfast and Lunch

Day 4 Walking tour of Granada - Leon

Granada awakens as church bells echo across red-tiled rooftops, calling us to explore one of Latin America's most perfectly preserved colonial cities. Founded in 1524, this architectural treasure on Lake Nicaragua's shores has survived pirate attacks, volcanic eruptions, and civil wars, emerging each time more beautiful than before.

We wander cobblestone streets where Spanish colonial mansions display their original grandeur, their thick walls and interior courtyards designed to withstand both tropical heat and political upheaval. The Parque Central pulses with daily life as it has for centuries—vendors selling traditional foods, families gathering in the shade of massive trees, and the magnificent cathedral standing sentinel over this timeless scene.

This afternoon, we journey north to León, Nicaragua's intellectual and revolutionary heart. Home to the largest cathedral in Central America and birthplace of the nation's beloved poet Rubén Darío, León cradles Nicaragua's passion for poetry and political expression. Founded as Santiago de los Caballeros de León, this Spanish colonial rival to Granada showcases over twelve magnificent churches and countless revolutionary murals that chronicle the struggles and dreams of the Nicaraguan people.

Our visit to the Revolutionary Museum reveals how this historic city became the crucible of 20th-century change, where university students and intellectuals forged movements that would reshape their nation's destiny.

Overnight in Leon.

Included Meal(s): Breakfast and Dinner

Day 5 Leon Walking Tour

León Cathedral's twin towers pierce the morning sky as we begin our exploration of Nicaragua's revolutionary capital. This architectural marvel, the largest cathedral in Central America, took over two centuries to complete. From its rooftop, we survey a city where colonial grandeur meets political passion, expressed in the vibrant murals that transform ordinary walls into galleries of national memory.

The Plaza of Poets honours Nicaragua's literary tradition, while the Plaza of the Revolution commemorates the student uprising that sparked nationwide change. We visit the Rubén Darío Museum, housed in the beloved poet's former home, where personal artifacts reveal the man who elevated Nicaraguan literature to international prominence.

In the Indigenous neighbourhood of Subtiava, the 300-year-old church stands as testament to cultural fusion, where Spanish colonial architecture embraces pre-Columbian spiritual traditions. This sacred space embodies León's complex identity—a city where European conquest met Indigenous resilience, creating something entirely new.

Our afternoon journey takes us to archaeology's haunting reminder of nature's power: the ruins of the original León, established in 1524. When Momotombo volcano erupted in 1610, devastating floods from Lake Managua forced residents to abandoned their city and rebuild at the current location. Walking among these excavated foundations, we witness how geological forces have repeatedly reshaped Central American civilization.

Overnight in Leon.

Included Meal(s): Breakfast and Dinner

Day 6 Leon - Managua, Nicaragua - Fly to San Salvador, El Salvador

We bid farewell to Nicaragua's poetic heartland and journey to Managua for our flight south to El Salvador, Central America's smallest yet most densely populated nation. This Pacific-facing country presents a dramatic landscape where volcanic peaks rise from narrow coastal plains, creating fertile plateaus that have sustained civilizations for millennia.

San Salvador's origins reach deep into pre-Columbian history, near the site where Pipil peoples established their capital of Cuscatlán. When Spanish conquistadors arrived, the Indigenous inhabitants abandoned their city rather than submit to foreign rule—a defiant act that echoes through El Salvador's turbulent history.

We arrive in a nation forged by volcanic fire, where 23 volcanoes punctuate the landscape—the highest concentration on the American continent. These geological giants have shaped not only the physical terrain but the cultural identity of a people who have learned to live in harmony with the earth's most powerful forces.

Overnight in San Salvador.

Included Meal(s): Breakfast and Dinner

Day 7 San Salvador - Joya de Ceren - Ataco

El Salvador's volcanic legacy unfolds before us as we journey through landscapes sculpted by fire and time. The petrified lava rivers from Quezaltepeque volcano's 1917 eruption create an otherworldly tableau, testament to the raw power that continually reshapes this land. We pause at the extinct crater, now crowned with lush vegetation that transforms destruction into beauty.

Our destination is Joya de Ceren, El Salvador's most extraordinary archaeological treasure. Known as the "Pompeii of the Americas," this UNESCO World Heritage Site preserves the only complete picture of daily Mayan life ever discovered. Fourteen hundred years ago, the Laguna Caldera volcano buried this village so quickly and completely that everything remained perfectly preserved—cooking pots still contained beans, sleeping mats lay undisturbed, and footprints marked paths between homes.

Walking through these ancient streets, we witness intimate details of pre-Columbian life impossible to find elsewhere in the Mayan world. Volcanic ash became time's protector, preserving not grand temples or royal palaces, but the everyday existence of ordinary people whose lives were frozen in a single catastrophic moment.

Our day concludes in Ataco, a mountain town of cool highland air and vivid artistic traditions, where cobblestone streets and colourful murals hum with creative energy and cultural pride.

Overnight in Ataco.

Included Meal(s): Breakfast and Dinner

Day 8 Ataco - Ruta de las Flores - Suchitoto

Leaving Ataco's cool highland air behind, we join one of Central America's most beautiful journeys—the Route of the Flowers. This scenic highway winds through highland communities where Spanish colonial architecture frames an explosion of tropical blooms and ancient cultural traditions flourish in mountain air.

Nahuizalco greets us with Indigenous artisans weaving magic from tule reeds and wicker, their techniques unchanged since pre-Columbian times. Baskets and furniture crowd the streets in vibrant displays that honour generations of craftsmanship. In Salcoatitan, we discover where Central America's first coffee tree took root, the white colonial church standing witness to the agricultural revolution that would define the region's economy.

Juayua captivates with its famous Black Christ, a sculpture that draws pilgrims from across Central America. This coffee-growing town embodies the perfect marriage of ideal climate and fertile volcanic soil, producing some of the world's finest beans. We visit a working plantation where the complex journey from cherry to cup reveals why El Salvadoran coffee commands such respect among connoisseurs.

Our route concludes in Suchitoto, one of El Salvador's hidden gems. This former Pipil capital, which served as the nation's seat of government for fifteen years beginning in 1528, now enchants visitors with cobblestone streets and colonial architecture overlooking the dramatic expanse of Lake Suchitlan and Volcan Guazapa.

Overnight in Suchitoto.

Included Meal(s): Breakfast and Lunch

Day 9 Suchitoto: Indigo Farm & Walking Tour

The deep blue of sacred indigo reveals its secrets as we visit a traditional farm where this precious dye continues ancient traditions. While India often receives credit for indigo's origins, Central and South American peoples developed their own sophisticated techniques thousands of years ago—a 6,000-year-old indigo fabric discovered in Peru proves the antiquity of this art.

For the Maya, indigo held sacred significance, reserved exclusively for ceremonial clothing and religious ceramics. We witness the complex process that transforms humble plants into the royal blue that once commanded prices higher than gold, understanding why Spanish colonizers called it "blue gold."

Suchitoto's afternoon walking tour reveals why locals call this the "Antigua of El Salvador." The Santa Lucia Church, constructed in 1853, exemplifies post-colonial architecture at its finest, its facade capturing the optimism of a young nation asserting its independent identity. The town's relaxed atmosphere invites contemplation, its elevated position providing spectacular views over Lake Suchitlán while cobblestone streets echo with centuries of footsteps.

Our tour culminates with a visit to the Casa Museo Alejandro Cotto, the beautifully-preserved home of the acclaimed filmmaker who became integral to Suchitoto's cultural renaissance. Cotto's personal belongings, artwork, and awards remain on display, along with colonial furniture, religious imagery over 300 years old, and his extensive art collection.

Overnight in Suchitoto.

Included Meal(s): Breakfast and Dinner

Day 10 Suchitoto, El Salvador - Copan, Honduras

We set off from Suchitoto this morning on a more direct road toward Honduras, tracing a route through spectacularly lush landscapes where volcanic soil nurtures extraordinary biodiversity. Along the way we pass through Santa Ana, El Salvador's second-largest city, where pre-Columbian foundations support modern coffee-processing facilities—an economic hub demonstrating how ancient agricultural knowledge continues to drive contemporary prosperity.

El Tazumal awaits—its Nahuatl name meaning "place of many lakes"—where the largest pyramid discovered in El Salvador rises from tropical vegetation. This archaeological wonder represents the sophisticated urban planning of Maya civilization, its massive stones precisely fitted without mortar, its orientation reflecting complex astronomical calculations that guided agricultural and ceremonial cycles.

Our route to Honduras unfolds through borders where political boundaries seem artificial compared to the natural and cultural continuities that bind Central America together (indeed we transit through Guatemala today en route to Honduras). The charming colonial town of Copán welcomes us with cobblestone streets and Spanish architecture, preparing us for tomorrow's encounter with one of Maya civilization's greatest achievements.

Overnight in Copan.

Included Meal(s): Breakfast and Dinner

Day 11 Copan Site Tour

Dawn illuminates the "Athens of the New World" as Copán reveals why UNESCO granted it World Heritage status in 1980. No other Maya site matches Copán's artistic sophistication, where master sculptors transformed stone into narratives of divine kingship and cosmic order. Massive carved faces emerge from ancient walls, their eyes seeming to follow us through grassy plazas filled with the most intricate monuments ever created by American civilizations.

The Ball Court, Central America's second-largest, echoes with the ghostly sounds of ritual games where sport, religion, and politics intertwined in complex ceremonies that determined royal succession and agricultural cycles. Nearby, the Hieroglyphic Stairway—King Smoke Shell's masterpiece—ascends 63 steps bearing several thousand glyphs that chronicle Copán's royal dynasty in stone.

The world-renowned Sculpture Museum transports us into the Maya worldview, where architectural and freestanding sculptures reveal how this sophisticated civilization understood their universe. Each carving reflects astronomical observations, mathematical calculations, and spiritual beliefs that guided one of humanity's most advanced societies.

This afternoon, Copán's colonial streets invite exploration, where Spanish architecture frames the same mountain views that inspired Maya astronomers and artists centuries before European arrival.

Overnight in Copan.

Included Meal(s): Breakfast and Dinner

Day 12 Copan, Honduras - Antigua, Guatemala

The road to Antigua unfolds through landscapes where Maya, Spanish, and contemporary cultures have layered their stories across volcanic terrain. We enter Guatemala's crown jewel—perhaps Spanish America's most outstanding preserved colonial city—where natural beauty and historic monuments create an atmosphere of timeless enchantment.

Founded in 1543, Antigua served as the seat of Spanish colonial government for the entire Kingdom of Guatemala, ruling territories from southern Mexico to Costa Rica. Earthquakes repeatedly challenged this mountainous capital, and residents repeatedly rebuilt with greater magnificence, until the devastating tremor of July 29, 1773—the day of Santa Marta—finally forced relocation to safer ground.

Today's Antigua emerges from that destruction transformed into romantic perfection. Bougainvillea-draped ruins and carefully restored colonial mansions create a city of unmatched charm and beauty. Surrounded by the green hills and three volcanoes—Agua, Fuego, and Acatenango—this UNESCO Cultural Heritage site represents the pinnacle of colonial urban planning and architectural achievement.

Spanish Colonial style permeates every corner: houses with massive wooden doors opening onto flower-filled courtyards, churches displaying baroque facades, and plazas where fountains provide gathering places for communities that maintain traditions spanning centuries.

Overnight in Antigua.

Included Meal(s): Breakfast and Dinner

Day 13 Antigua Walking Tour

Cobblestone streets guide us through Antigua's living museum, where every corner reveals architectural treasures and historical layers. The ornate La Merced church showcases baroque craftsmanship at its finest, while the ruins of the Capuchinas convent whisper stories of cloistered nuns who chose spiritual devotion over worldly concerns. The Santo Domingo Monastery complex demonstrates how religious orders accumulated both spiritual and temporal power in colonial society.

The impressive central plaza draws us into Antigua's social heart, where massive trees provide shade for vendors selling traditional snacks and cold drinks—continuations of commercial activities that have animated this space for centuries. The Palacio de los Capitanes recalls when Spanish governors administered vast territories from these halls, while the Colonial Art Museum preserves artistic treasures that reveal the sophisticated cultural life of Spanish America.

Santiago Cathedral, damaged and rebuilt numerous times by earthquakes, reportedly contains the remains of conquistador Don Pedro de Alvarado, the man who conquered Guatemala for Spain. Its current facade reflects centuries of architectural evolution, each reconstruction adding layers to the historical narrative.

Free time this afternoon allows personal discovery of Antigua's countless restaurants, markets, and cafes, where the whole city functions as an open-air museum of colonial life.

Overnight in Antigua (dinner on your own this evening).

Included Meal(s): Breakfast

Day 14 Antigua - Chichicastenango - Panajachel & Lake Atitlan

The highland road to Chichicastenango winds through landscapes where Indigenous Maya communities maintain traditions that predate Spanish conquest by millennia. "Chichi" explodes with color and commerce during its world-famous Thursday and Sunday markets, where vendors create Central America's largest outdoor bazaar selling everything from handwoven textiles to medicinal plants, carved masks to grinding stones.

Originally serving only the K'iche Maya region, this market's fame now attracts buyers from across Guatemala and beyond. The 400-year-old church of Santo Tomás rises atop a pre-Columbian platform, its 18 steps representing the Maya calendar's months. Shamans still perform ancient rituals here, burning incense and candles in ceremonies that seamlessly blend Christian and Indigenous spiritual traditions.

Our journey continues to Panajachel, beautifully positioned on Lake Atitlán's shores beneath three majestic volcanoes. This lake, formed by volcanic collapse and filled by mountain streams, creates one of the world's most spectacular natural settings. Indigenous communities ring its shores, each maintaining distinct languages, customs, and textile traditions that create a living tapestry of Maya culture.

Overnight in Panajachel.

Included Meal(s): Breakfast and Dinner

Day 15 Lake Atitlan Boat Tour - Guatemala City

Lake Atitlán's shimmering waters reflect the volcanic peaks of San Pedro, Atitlán, and Tolimán as our boat carries us to Santiago de Atitlán, the lake's most fascinating village. Here, Tzutuhil Maya people wear traditional tocoyal headdresses requiring 12 metres of colorful material, their techniques unchanged since pre-Columbian times.

Built on Volcano Atitlán's slopes and surrounded on three sides by water, Santiago was once the Tzutuhil nation's capital before becoming an important Spanish missionary outpost. Today's population of nearly 15,000 maintains traditional ways of life, their vibrant costumes and ancient customs creating one of Guatemala's most authentic Indigenous communities.

Coffee plants bloom white across the mountainsides while hibiscus and wildflowers paint the landscape in brilliant colours. We encounter Maximón, the enigmatic post-Columbian Maya folk deity who blends Christian Saint Simon with Mayan underworld god Maam, representing the complex religious syncretism that characterizes Guatemala's spiritual landscape.

Towering volcanoes provide a dramatic backdrop for this cultural immersion before we reunite with our transport for the journey back to Guatemala's capital.

Overnight in Guatemala City.

Included Meal(s): Breakfast and Dinner

Day 16 Departure

Departure from Guatemala City.

PLEASE NOTE: This tour can be extended to include the superlative Mayan site of Tikal - please refer to tour code MY2 for full details.

BUEN VIAJE!

Included Meal(s): Breakfast