

# KENYA

## The 'Out of Africa' Experience

**9 days**

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### Day 1 Arrive in Nairobi

Today we arrive in Nairobi, the capital of Kenya.

Part of Maasai land when the British arrived, this modern capital grew with the development of the railway. Derived from a Maasai word meaning "Cold Water," Nairobi is a pleasant mix of colonial British with modern and traditional African influences.

Overnight in Nairobi.

Included Meal(s): Dinner, if required.

### Day 2 Nairobi - Ol Pejeta Conservancy

Today we travel from Nairobi, through the "White Highlands," so called because of the large number of Europeans who settled here, northwards to the lower slopes of Mt Kenya, rising to 5199 m (16,728 feet), Africa's second highest peak. Our (+/- 4 hour) drive will take us into the Central Highlands, the heartland of the Kikuyu people. This is a very fertile region, well-watered, intensively cultivated, and thickly forested. The land was coveted by the Europeans who began arriving in ever-increasing numbers once the railway through the area was completed. The settlers established coffee and tea plantations on the eastern slopes of Mt Kenya and cultivated wheat on the western slopes.

Our destination is Sweetwaters, a luxury tented camp clustered around a water hole and set in the pristine calm of the private Ol Pejeta Conservancy, a non-profit organization supporting endangered species, tourism and community outreach. Ol Pejeta is East Africa's largest Black Rhino sanctuary, the only place in Kenya to see chimpanzees, and holds some of the highest predator densities in Kenya.

This afternoon we'll enjoy our first game drive within the conservancy.

Overnight at Sweetwaters.

Included Meal(s): Breakfast, Lunch and Dinner

### Day 3 Ol Pejeta Conservancy

Ol Pejeta Conservancy is a sprawling landscape, a mosaic of diverse habitats stretching across over 350 square kilometers. Imagine rolling grass plains, interspersed with wooded grasslands, acacia woodlands, and patches of dense evergreen thickets – all contributing to a rich and varied ecosystem. This diversity of habitats supports an astounding variety of animals, including, of course, the iconic "Big Five" – lion, leopard, elephant, rhino, and buffalo.

Today, we'll immerse ourselves in this wildlife haven with both morning and afternoon game drives, maximizing our chances of encountering its incredible inhabitants. But that's not all! We'll also have the unique opportunity to visit the Sweetwaters Chimpanzee Sanctuary, a truly special place. This sanctuary is the only one of its kind in Kenya, providing a refuge for the highly endangered and remarkably intelligent chimpanzee species. These chimpanzees, often orphaned or rescued from abusive situations in West and Central Africa, find a safe and nurturing home here. The sanctuary's dedicated staff carefully nurses them back to health, allowing them to live out their days in the security of a vast, natural enclosure. It's a chance to witness these fascinating primates up close and learn about the important conservation work being done to protect them.

Overnight at Sweetwaters Camp.

Included Meal(s): Breakfast, Lunch and Dinner

#### **Day 4 Ol Pejeta - Great Rift Valley - Lake Nakuru National Park**

This morning we travel to Lake Nakuru, a shallow soda lake in the Rift Valley (+/- 5 hours). The Rift Valley was created millions of years ago under the strain of enormous volcanic eruptions which resulted in a giant split in the earth's surface from Syria to Mozambique. Lava flowed into the valley, forming escarpments on either side of the gigantic trough which can be up to 80 km (50 miles) wide, big enough to be visible from space. At the lake, depending on the water levels, we may have the opportunity to see flamingos,\* in addition to the over 340 species of birds that have been recorded in the Rift Valley!

Lake Nakuru is very shallow and can fluctuate up to five metres (12 feet) each day. When the water is low, you can see a white band of crystallized soda along the shoreline. This is also one of the best places in Kenya to view the rare White Rhino as we explore the park on our afternoon game drive.

\* This, and other Rift Valley lakes, have been known in the past for huge numbers of flamingos; however, this can be very "hit and miss" owing to seasonal variations in rainfall and water level, and the increasing frequency of drought. The best we can do is hope for the best!

Overnight in Lake Nakuru National Park.

Included Meal(s): Breakfast, Lunch and Dinner

#### **Day 5 Lake Nakuru - Maasai Mara National Reserve**

We rise early this morning and bid farewell to Lake Nakuru National Park, continuing our journey through the dramatic landscapes of the Great Rift Valley. Our route takes us past the serene beauty of Lake Naivasha and the imposing presence of nearby Mount Longonot. This relatively young volcano serves as a stark reminder of the Rift Valley's turbulent geological history. Our drive time today is approximately six hours (plus time for a lunch break en route), which includes a stretch on a less-than-perfect road.

Early-to-mid afternoon, we'll arrive at our lodge nestled within the world-renowned Maasai Mara National Reserve. After check-in and a well-deserved breather, we'll embark on another thrilling game drive, venturing out into the reserve in search of its incredible inhabitants. The possibilities are endless, and every game drive offers a unique and unforgettable experience.

The Maasai Mara is essentially a seamless extension of the vast Serengeti ecosystem, and it boasts an astonishing concentration of wildlife. This reserve is home to the largest population of lions in all of Kenya, a testament to its rich biodiversity. Large herds of plains game roam freely across the Mara's grasslands, creating a spectacle of nature at its finest. The Maasai Mara is also arguably the best place in Kenya to spot cheetahs, those sleek and graceful hunters.

Time-permitting, we may have the opportunity to visit a local Maasai village. This cultural immersion would provide a fascinating glimpse into the Maasai people's traditional way of life, allowing us to meet its residents and learn about their customs and beliefs. If time constraints prevent us from visiting the village today, we'll make every effort to arrange this experience on our return journey to Nairobi.

Overnight in the Maasai Mara.

Included Meal(s): Breakfast, Lunch and Dinner

#### **Day 6 Maasai Mara National Reserve**

The Maasai Mara National Reserve, a seemingly endless expanse of rolling grasslands, sits at the northern edge of the vast Serengeti Plain. Widely regarded as Kenya's premier park, the Mara plays a crucial role in one of nature's greatest spectacles: the annual wildebeest migration. These massive herds journey north from Tanzania around the end of June, gracing the Mara with their presence before returning south around the end of September. This incredible movement of animals is a sight to behold.

"The Mara," as it's affectionately known, is a haven for wildlife, supporting all of the famed "Big Five" – lion, elephant, leopard, rhinoceros, and buffalo. Beyond these iconic creatures, the reserve teems with an astonishing abundance of herding animals, including zebras, gazelles, and antelopes, as well as a rich diversity of other wildlife. As you traverse the reserve, you'll likely encounter the stately Maasai men and youth, easily recognizable by their distinctive attire, tending to their cattle and goats along the roadside. Their presence adds a unique cultural dimension to the Mara's natural beauty.

Today we've dedicated a full day to exploring this remarkable reserve, with both morning and afternoon game drives planned. This will give us ample opportunity to witness the incredible wildlife that calls the Maasai Mara home, from the majestic predators to the vast herds of herbivores, and everything in between. Every game drive in the Mara is a unique adventure, filled with the potential for unforgettable encounters.

In the Mara you will also have an optional opportunity to ascend over the northern Serengeti at daybreak in a hot air balloon (optional expense). From over 300m (984 feet) above, you will be able to view the vast land and the myriad animals that inhabit the Maasai Mara. Today or tomorrow are the best days to participate in this activity - details sent upon booking.

Overnight in the Maasai Mara National Reserve.

Included Meal(s): Breakfast, Lunch and Dinner

### **Day 7 Maasai Mara National Reserve**

We enjoy another full day with game viewing in Maasai Mara. Depending on the season and current game locations and viewing conditions, we may divide our day into morning and afternoon drives, or take our lunches with us in order to venture further into the reserve if conditions warrant.

Overnight in the Maasai Mara National Reserve.

Included Meal(s): Breakfast, Lunch and Dinner

### **Day 8 Maasai Mara - Nairobi**

After breakfast, we'll embark on our journey back to Nairobi. The drive itself is expected to take approximately six hours, factoring in comfort stops along the way.

A highlight of our return journey will be a visit to the Karen Blixen Museum, conveniently located just outside of Nairobi. This isn't just a quick photo opportunity; we'll delve into the fascinating story of Baroness Karen Blixen-Finecke. Imagine stepping back in time to the 1920s and 30s - this Danish Baroness made Kenya her home in 1918 and lived here until 1931. It was during this period that she drew inspiration for her most famous work, "Out of Africa," published in 1937 under her pen name, Isaac Dineson.

The museum itself is Blixen's beautifully restored former home. It offers a unique glimpse into her life in colonial Kenya, showcasing the style and furnishings of the era. As we tour the house, we'll learn about her struggles and triumphs, her relationships, and the profound connection she felt to the African landscape. It's a chance to connect with the author behind the iconic book and gain a deeper understanding of the historical context that shaped her writing.

We'll make a lunch stop in the vicinity before continuing to our Nairobi hotel.

Overnight in Nairobi.

Included Meal(s): Breakfast and Dinner

### **Day 9 Depart**

Departure from Nairobi.

SAFIRI SALAAMA!

Included Meal(s): Breakfast