Tour Code
IT3

ADVENTURESABROAD

SOUTH & NORTH ITALY

Sicily, Southern Mainland, Rome & Tuscany

20 days

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Day 1 Arrive in Palermo

Welcome to Sicily, where ancient civilizations have layered their stories across sun-baked stones for nearly three millennia. As you transfer to our hotel in Palermo, you'll enter a city that has witnessed Phoenicians, Arabs, Normans, and countless others shape its character. The capital's streets tell tales through their architecture—a living museum where Byzantine domes nestle beside Norman towers, and Arab-influenced markets spill their colours beneath Spanish baroque facades. Tonight we gather with fellow travellers for our first evening meal, beginning a journey through Italy's most storied landscapes.

Overnight in Palermo.

Included Meal(s): Dinner

Day 2 Palermo: City Tour

We begin at the Baroque heart of the old city, where Quattro Canti divides Palermo into four quarters, each corner presided over by a season and a Spanish monarch. Steps away, Piazza Praetoria centres on the great Renaissance fountain whose nude figures so scandalized 16th-century Sicilians that they called it the Fontana della Vergogna—the Fountain of Shame. That Sicily, then deep in Counter-Reformation piety, was ruled by a Spanish viceroy who commissioned such a work tells you something about the contradictions this city has always absorbed with remarkable grace.

At the Martorana Church, those contradictions find their most beautiful expression. Built by a Greek admiral in the service of a Norman king, its interior blazes with Byzantine mosaics laid tile by tile in the 12th century—a fusion of Arab spatial geometry, Norman patronage, and Orthodox iconography that exists nowhere else on earth.

From there we plunge into Il Capo market, one of Palermo's great sensory experiences. Fishmongers display magnificent swordfish and glistening octopus alongside the agricultural wealth of Etna's volcanic hinterland—citrus, olives, almonds—in a market culture that has changed little since the Arab traders who introduced many of these ingredients a thousand years ago.

We then make the short drive up to Monreale—the "Royal Mountain"—where Norman King William II constructed a cathedral in the late 12th century as a declaration of his kingdom's sophistication and his own piety. Its interior is among the greatest achievements of the medieval world: 6,000 square metres of gold mosaic covering walls and apse in a Biblical narrative that moves from Creation to the miracles of Christ, watched over by a monumental Pantocrator of almost unsettling authority.

Our day concludes at the Church and Monastery of Santa Caterina d'Alessandria, where Dominican nuns once perfected the art of Sicilian confectionery in its cloisters. The convent's rooftop terraces offer sweeping views across Palermo's piazzas, while the onsite bakery I Segreti del Chiostro carries those centuries-old traditions forward. As this is a large and rewarding site, we end our formal tour here so you can linger and explore at your own pace before we gather for dinner.

Overnight in Palermo.

Included Meal(s): Breakfast and Dinner

Day 3 Palermo - Segesta - Selinunte - Agrigento

We journey across Sicily's ancient Greek heartland, where colonies once rivalled Athens in wealth and ambition. Sicily was part of Magna Graecia—when mainland Greece grew overcrowded in the 8th century BC, bold settlers sailed west seeking new fortunes. To them, Sicily represented what the Americas would mean to 16th-century Europeans: vast possibilities, untold riches, and considerable dangers.

Our first stop is Segesta, where a perfectly preserved Doric temple stands as testimony to Greek architectural mastery. This powerful city-state waged bitter wars with its rival Selinunte, our next destination. After a break for lunch, we explore Selinunte's magnificent ruins, once home to over 100,000 inhabitants and boasting an unrivalled temple-building program. Lost to history until a Dominican monk

rediscovered its location in the 16th century, these temples rank among the ancient world's most impressive monuments.

We continue to Agrigento, where tomorrow we'll witness Sicily's most spectacular Greek legacy.

Overnight in Agrigento

Included Meal(s): Breakfast and Dinner

Day 4 Agrigento: Site Tour - Piazza Armerina - Enna

We begin among Agrigento's magnificent temples, where five elevated structures create a picture-perfect tribute to ancient paganism's enduring power. Time, earthquakes, Punic Wars, and Christianity's rise have all tested these World Heritage landmarks, yet they remain defiant against Sicily's azure sky.

Next, we travel inland to explore Villa Romana del Casale near Piazza Armerina, a vast 4th-century complex that may have belonged to co-emperor Maximianus. This archaeological treasure houses some of the world's most beautiful Roman mosaics, including detailed hunting scenes, mythological images, and the delightful "bikini girls" performing ancient aerobics—proof that athletic fashion has ancient roots.

We then proceed to Enna, perched high in Sicily's interior. You'll have free time to explore this mountain town, perhaps visiting the Castello di Lombardia or Torre di Federico II for stunning panoramic views; your Tour Leader will point you in the right direction.

Overnight in Enna

Included Meal(s): Breakfast and Dinner

Day 5 Enna - Siracusa: Archaeological Park

We travel toward Sicily's eastern coast, coming within sight of Mount Etna's imposing slopes. At 3313m (10,866 feet), Etna stands as one of Earth's most active volcanoes—both blessing and curse for local inhabitants. While volcanic soil creates extraordinary fertility, the constant threat of eruption looms; Catania was nearly buried by lava flows in 1669.

We arrive in Siracusa (Syracuse) and tour the Archaeological Park, including the Greek theatre where ancient dramas once echoed, the Monumental Altar of Hieron II, and the Latomia del Paradiso quarry with its famous "Ear of Dionysius." After a break for lunch, we explore Ortygia, old Siracusa's historic heart, wandering narrow streets where we discover the Temple of Apollo, Fountain of Aretusa, the main piazza, and the remarkable Duomo—a former Temple of Athena transformed into a Christian cathedral.

Overnight in Siracusa.

Included Meal(s): Breakfast and Dinner

Day 6 Siracusa - Mount Etna - Taormina

We depart Siracusa and drive up the east coast toward Taormina, with stunning views of Mount Etna dominating our horizon. We'll make a detour and drive up Etna's slopes—have a sweater handy as we'll be approaching 1,800m (6,000 ft)! (Depending on weather, we may explore Mount Etna tomorrow instead.) This is Europe's highest volcano and one of the world's most active; its spectacular eruptions and fiery lava flows have fascinated scientists and visitors for millennia.

We continue to Taormina, arguably Sicily's most beautiful town—an ancient hilltop settlement full of history and culture, perfectly positioned between mountains and sea. Taormina's reputation for welcoming travellers spans centuries, combining incredible heritage in archaeology and architecture with genuine Sicilian hospitality.

Overnight in Taormina.

Included Meal(s): Breakfast and Dinner

Day 7 Taormina: City Touring

We begin with a leisurely walking tour starting at the almost perfectly-preserved Greco-Roman amphitheatre, Taormina's greatest treasure. This 3rd-century cliff-side arena once seated 5,000 spectators, with Mount Etna framed perfectly as a backdrop to the 1,800-year-old stage—a setting that continues to inspire artists and performers today.

We explore the Palazzo Corvaia with its fascinating blend of Arab, Norman, and Catalan elements, where Sicily's first parliament convened in 1410. The charming Corso Umberto I pedestrian street runs the town's length, lined with shops and boutiques leading to Piazza IX Aprile, where lovely views stretch across Naxos harbour to the Italian mainland. Above us rises the medieval fortress, while in Piazza del Duomo, Taormina's 15th-century basilica stands beside a fountain topped by the town's symbol: a female centaur statue.

The afternoon is yours for independent exploration of this enchanting town.

Overnight in Taormina

Included Meal(s): Breakfast and Dinner

Day 8 Taormina, Sicily - Paestum, Italian Mainland

We take a short ferry ride from Sicily to the Italian mainland and proceed by motor coach to Paestum, where three Doric Greek temples rank among the world's best preserved, rivalling those of Sicily and Athens. Originally built without mortar or cement—simply covered by terra-cotta tile roofs supported by wooden beams—these temples survived even the great earthquake of AD 69 that reduced Pompeii to rubble.

After periods of native Italian control in the 5th and 4th centuries BC, Paestum fell to Rome in 273 BC and was renamed. It remained a Roman town until deforestation of nearby hills turned the area into swampy marshland. Plagued by malaria and pirates, Paestum's ruins lay relatively untouched until rediscovered in the 18th century.

Overnight in Paestum

Included Meal(s): Breakfast and Dinner

Day 9 Paestum - National Archaeological Museum - Pompeii

We travel to Naples where we see the colourful harbour front and Castel dell'Ovo, a 12th-century fortress built on ancient villa ruins, before visiting the National Archaeological Museum. This impressive facility houses one of the world's most comprehensive collections of Greek and Roman antiquities. Built on Santa Teresa Hill as military barracks, later transformed into a university campus, it was remodelled in 1790 to receive the treasures of Pompeii and Herculaneum.

We then visit ancient Pompeii, dug out from volcanic ash and pumice stone deposited by Mount Vesuvius's eruption in AD 79. This entire area provides a fantastic record of how ordinary Romans lived their daily lives. We explore the House of Vetti, the most elegant of Pompeii's villas, and examine the intriguing House of Mysteries. The nearby House of Faun occupies an entire city block with four different dining parlours and two spacious gardens.

Overnight in Pompeii

Included Meal(s): Breakfast and Dinner

Day 10 Pompeii: Herculaneum & Amalfi by Sea

This morning we visit Herculaneum, a small town buried by Vesuvius in AD 79 and preserved in remarkable detail. Our tour includes the Suburban Baths and the Casa dei Cervi, an outstanding example of how Rome's aristocracy lived.

The Amalfi Coast is best approached from the water, as the cliff road is too narrow for a full-size coach. We drive to Salerno's harbour and board the ferry to Amalfi, watching terraced lemon groves, pastel villages and sheer cliffs unfold along the coast. Round-trip ferry tickets (Salerno–Amalfi–Salerno) are included.

The rest of the day is yours in Amalfi, once a powerful maritime republic. Its Duomo, with a 13th-century bell tower, and the Cloister of Paradise are well worth a visit, and lunch is yours to enjoy however you choose.

In the afternoon we ferry back to Salerno, where our coach waits to return us to our Pompeii hotel.

NOTE: Ferry operations depend on weather; your Tour Leader will advise of any adjustments.

Overnight in Pompeii.

Included Meal(s): Breakfast and Dinner

Day 11 Pompeii - Monte Cassino - Rome

Today's journey takes us to north to Rome via Monte Cassino. During the Roman Empire, the abbey located here was one of the great European centres of Christendom and one of the largest repositories of ancient learning. In 1944, Monte Cassino was destroyed by the Allied forces who suspected that it was occupied by German troops. The military cemetery on the nearby hill contains the graves of 1,100 Polish soldiers who lost their lives in the final assault.

Later we continue to Rome.

Overnight in Rome.

Included Meal(s): Breakfast and Dinner

Day 12 Rome: City Tour

We begin at the Colosseum, where 55,000 spectators once roared as gladiators fought for survival above a labyrinthine underground of trapdoors and animal pens. Still dominating the cityscape nearly 2,000 years on, it unsettles as much as it impresses — because it was designed to. We then walk through the Roman Forum, heart of ancient civic life, where the Curia housed the Senate and the Arch of Titus commemorated the sacking of Jerusalem in AD 70. Among weathered columns and temple foundations, we stand at the physical centre of an empire that shaped Western civilisation.

Ascending to Capitoline Hill, we reach the Campidoglio — Rome's original citadel, redesigned by Michelangelo in the 16th century with the kind of harmonious geometry that would have pleased the ancients he admired. It is a fitting place to consider what separates Rome from other great cities: here, the ancient and the Renaissance don't merely coexist — each made the other possible.

We continue to Piazza Navona for lunch, surrounded by Baroque splendour. Bernini's Fountain of the Four Rivers — the Nile, Ganges, Danube, and Plate — asserted papal authority across continents as much as it delighted the eye. From here we walk to the Trevi Fountain, fed by an aqueduct built in 19 BC and still flowing, then proceed to the Pantheon. Its unreinforced concrete dome — wider than St. Peter's — was the largest in the world for thirteen centuries and remains a quiet provocation to everything built since.

NOTE: Due to traffic constraints and the proximity of today's sites, we travel primarily on foot and by Rome's efficient public transit system (tickets included). Any sightseeing not completed today continues tomorrow afternoon.

Overnight in Rome.

Included Meal(s): Breakfast and Dinner

Day 13 Rome: the Vatican Museums & St. Peter's

We travel by metro across the Tiber River to Vatican City, the world's smallest sovereign state. Our guided tour begins in the vast Vatican Museums, where corridors seem to stretch infinitely, lined with humanity's greatest artistic achievements. Here we discover Greek and Roman sculptures that influenced Renaissance masters, Flemish tapestries depicting biblical narratives, and glittering mosaics assembled tile by precious tile. More than three million visitors journey here annually to witness this extraordinary collection.

The museums' crowning glory awaits in the Sistine Chapel, where Michelangelo's frescoes transform ceiling and walls into a theological masterpiece. Created between 1508 and 1512, these paintings revolutionised art history—their anatomical precision and emotional depth remain unsurpassed. We then enter St. Peter's Basilica, Christendom's largest church, its cavernous interior housing treasures including Michelangelo's tender Pietà, carved when he was just 24 years old. Outside, the elegantly symmetrical Piazza San Pietro embraces visitors in Bernini's colonnade arms.

After a break for lunch, we continue with any sightseeing carried over from yesterday.

NOTE: The timing and order of today's sightseeing may vary depending on seasonality. During lighter periods, we often begin in the morning; busier times may require an afternoon or evening visit to avoid crowds. We may include lunch instead of dinner today to optimise our schedule. Your Tour Leader will advise upon arrival.

Overnight in Rome.

Included Meal(s): Breakfast and Dinner

Day 14 Rome - Assisi - Siena

We depart Rome for Tuscany, stopping first in Assisi — a hilltop town of pink limestone and cypress shadows that receives millions of pilgrims annually yet somehow retains the stillness its most famous son prescribed. Born here in 1182 to a prosperous cloth merchant, Francis renounced his inheritance as a young man and embraced radical poverty, founding the Order of Friars Minor in a gesture that reverberated through medieval Europe. What made his message so durable wasn't only its simplicity — it was that he lived it without compromise.

The Basilica of St. Francis is Umbria's supreme artistic monument, but it is also the beginning of a thread that will run through our entire journey. Giotto di Bondone decorated the Upper Basilica's nave with a celebrated cycle of frescoes depicting the life of Francis — and in doing so, changed Western painting. Where medieval artists rendered sacred figures as flat, symbolic, and remote, Giotto's figures have weight, gesture, and something recognisable as grief or joy.

The drive south to Siena passes the shores of Lake Trasimeno — serene today, but the site of one of Rome's most catastrophic defeats, where Hannibal's Carthaginian army ambushed and destroyed a Roman force of 30,000 in 217 BC. This medieval gem awaits our exploration tomorrow.

Overnight in Siena.

Included Meal(s): Breakfast and Dinner

Day 15 Siena & San Gimignano

Siena chose a different path from Florence — while its great rival embraced Renaissance innovation, Siena clung to medieval traditions, and that stubbornness is the reason it survives today as the finest showcase of Italian Gothic architecture in existence.

Our guided walking tour begins at Il Campo, the extraordinary shell-shaped piazza that has served as the city's living room since the 13th century. This is where the Palio happens — the twice-yearly bareback horse race run in the name of the city's seventeen contrade, whose rivalries are so deeply felt that local guides describe them with an intensity that makes the last race feel like it finished yesterday. From the

Campo we continue to San Domenico, where a reliquary holds what is venerated as the head of Saint Catherine of Siena — patron saint of Italy, Doctor of the Church, and one of the medieval period's most remarkable voices. We finish at the Duomo, whose black and white marble interior contains a Piccolomini Chapel with early Michelangelo sculptures that most visitors walk past without noticing. Free time follows — the Palazzo Pubblico's Simone Martini frescoes and the Torre del Mangia's 464-step climb are both worth the effort.

San Gimignano's tower skyline appears from the road about ten kilometres out — one of those views that stops conversation on a coach. Thirteen towers survive from the medieval period when 72 proclaimed family wealth and Guelf-Ghibelline rivalry; the political feuds that played out here were among Europe's earliest experiments in organised party politics. Piazza della Cisterna takes its name from the ingenious cistern below — a system of rooftop channels that collected rainwater across the entire town, allowing it to outlast sieges indefinitely. Gelateria Dondoli on the same square has been recognised among the world's finest; the hazelnut is non-negotiable. From the Rocca above the town, the full panorama of towers and Tuscan valley opens in every direction.

We return to Siena in the late afternoon.

Overnight in Siena.

Included Meal(s): Breakfast and Dinner

Day 16 Siena - Volterra - Pisa - Lerici

The drive to Volterra crosses a landscape that keeps surprising. The valley opens to reveal the cooling towers of a geothermal power plant — Tuscany drawing energy directly from the volcanic earth beneath it — and just before the town, a giant red circle on the hillside marks one of sculptor Mauro Staccioli's land art installations, placed across his native landscape and stopping travellers on this road for decades.

Volterra sits on a high plateau behind Etruscan walls that predate Rome. Our walking tour takes in the Etruscan Gate — its basalt heads of deities gazing across a valley Rome had not yet conquered — the Romanesque Duomo and Baptistery, and a Roman amphitheatre intact enough to require almost no imagination. Volterra has worked alabaster since the Etruscan period; workshops still carve the translucent stone by hand throughout the town. We finish at the Guarnacci Museum, where the Ombra della Sera — a haunting elongated bronze figure from the 3rd century BC — stands in quiet conversation with anything Giacometti ever made.

En route to Pisa the coach passes through La Sterza, Andrea Bocelli's birthplace, where the businesses have his name and the surrounding hills contain his outdoor Teatro del Silenzio. The Arno appears shortly after — the same river that runs through Florence — and the Leaning Tower announces itself above the rooftops before the coach has quite arrived.

At the Campo dei Miracoli we visit the Duomo, the Baptistery — where the guard demonstrates the acoustics on the hour — and the atmospheric Camposanto cemetery, its cloistered walls enclosing soil reputedly brought from Golgotha by Crusaders. The Tower provides the closing ritual.

The drive to Lerici passes the Carrara marble quarries — the source of the stone Michelangelo hauled down these same mountains for the David and the Pietà — and basil fields that make the coastal air smell like a kitchen. Lerici itself sits at the head of a Ligurian bay, dinner is timed for sunset over the water, and passengers routinely wish the itinerary allowed two nights.

Overnight in Lerici.

Included Meal(s): Breakfast and Dinner

Day 17 Lerici - Cinque Terre - Florence

The morning begins at the Lerici waterfront, where the boat to the Cinque Terre departs after breakfast. This matters: the Five Lands reveal themselves properly only from the sea. The villages — Riomaggiore, Manarola, Corniglia, Vernazza, Monterosso — are built into cliffs so steep that from the land you see only the town you're standing in. From the water, with all five visible in sequence against the Ligurian coast, the full improbability of what medieval people built here becomes clear.

We disembark at Vernazza, generally considered the most dramatically positioned of the five — a single street descending to a small harbour, pastel buildings stacked above it, fishing boats pulled up on the stones. From here the day opens up. The Cinque Terre operates like a five-stop commuter railway, and once your Tour Leader has oriented everyone to the system — trains running every twenty minutes or so between the villages, passes valid all day — the group spreads out according to appetite and fitness.

Those who want to walk will find trails connecting the villages through terraced vineyards producing local Sciacchetrà wine, with varying degrees of difficulty and coastal views that reward every metre of elevation gained. Trail conditions vary seasonally and some sections have been subject to closure following flooding — your Tour Leader will have current information and won't send anyone somewhere that isn't open. Those who prefer to travel by train can cover all five villages at their own pace, lingering over lunch in whichever square suits them. Monterosso, the largest and most beach-fronted of the five, makes a natural gathering point by early afternoon.

The group reconvenes at La Spezia station before the drive to Florence — a journey that takes the better part of two hours and delivers you into the city in time for dinner. Somewhere between the Ligurian coast and the first Tuscan hills, the week's pace shifts perceptibly. Tomorrow the Renaissance begins.

Please note: The actual order of Florence sightseeing elements may vary from this description. Your Tour Leader will advise of any adjustments in advance.

Overnight in Florence.

Included Meal(s): Breakfast and Dinner

Day 18 Florence: Uffizi & City Walking Tour

Florence transformed the world during the Renaissance, and the evidence is everywhere on foot — which is how we spend today.

We begin at the Uffizi, Giorgio Vasari's 16th-century administrative building for the Medici that now houses Italy's greatest art collection. Our guided tour moves through corridors lined with Botticelli, Leonardo, Raphael, Michelangelo, Titian, and Caravaggio — each room a landmark in the story of how European painting learned to see. The collection's centrepiece is Botticelli's Birth of Venus, painted around 1485: the goddess emerging from the sea on a shell, the nude female form celebrated as beauty itself rather than shame, classical antiquity reborn in Florentine paint. Before leaving, the gallery offers a window with a view directly over the Ponte Vecchio — a good moment for the guide to tell its story without losing anyone to the gift shop.

Outside, Piazza della Signoria functions as an open-air sculpture museum — Cellini's Perseus, a copy of Michelangelo's David, the Loggia dei Lanzi — the civic heart of Renaissance Florence, where political decisions were announced and occasionally enforced in public. En route to the Accademia we pass the Mercato del Porcellino, where a bronze boar's snout has been rubbed smooth by centuries of hands seeking good luck, and where a less celebrated spot beneath the market stalls once served a more humiliating civic purpose: the public paddling of Florentines who failed to repay their debts.

At the Accademia, Michelangelo's David needs no introduction and rewards no rushing. Seventeen feet of marble carved from a single block by a 29-year-old, it remains the Renaissance's fullest statement of human potential — and the room that contains it, with four of Michelangelo's unfinished Prisoners lining the approach, is one of the great theatrical spaces in art.

After lunch we pass the Cathedral of Santa Maria del Fiore — Brunelleschi's dome examined from the outside, the full complex saved for tomorrow — before continuing to Santa Croce, the Franciscan church that serves as Florence's pantheon. Michelangelo is buried here, as are Galileo, Machiavelli, and Rossini. The Pazzi Chapel in the first cloister is Brunelleschi's most perfect small building.

A gelato stop near the square closes the afternoon before free time returns the city to you.

Overnight in Florence.

Included Meal(s): Breakfast and Dinner

Day 19 Florence: The Duomo Complex & Free Afternoon

This morning belongs to the building that defines the Florentine skyline — and to the objects inside it that most visitors never reach.

The Ghiberti Pass gives us access to the full Cathedral complex: the Cathedral itself, the Baptistery, the Museo dell'Opera del Duomo, and the ancient basilica of Santa Reparata buried beneath the current nave — the city's original 4th-century church, excavated and now walkable underfoot. Our guide meets us at Caffè Scudieri on the square, and the three-hour tour moves through a sequence that rewards having saved this for a second day.

The Baptistery's bronze doors are the starting point for understanding everything that followed in Florentine art. Lorenzo Ghiberti spent 27 years casting the east doors — the ones Michelangelo called the Gates of Paradise — ten gilded panels depicting Old Testament scenes with a spatial depth and narrative complexity that had no precedent in medieval metalwork. The original panels are housed in the Museo dell'Opera across the square, where they can be seen at eye level: faces, drapery, and architectural recession worked into bronze with a precision that still stops conservators. What hangs on the Baptistery today are high-quality replicas; the originals are here.

Brunelleschi's dome — wider than St. Peter's in Rome, completed in 1436 without scaffolding using a double-shell technique he kept deliberately secret — is best understood from the museum's scale models before being experienced from the outside. Those wishing to climb the 463 steps to the lantern can arrange this independently during the free afternoon; the views across the Arno valley justify every one of them.

The afternoon is yours — Florence returned to you without agenda.

Overnight in Florence.

Included Meal(s): Breakfast and Dinner

Day 20 Departure from Florence

We say farewell to Florence this morning — a city that has a way of making departure feel like an interruption. The Renaissance isn't finished with you yet, but the airport waits.

Buon viaggio.

Included Meal(s): Breakfast