

## SOUTHERN SPAIN &amp; PORTUGAL

## An Off-Season Adventure

15 days

Created on: 25 Apr, 2024

**Day 1 Arrive in Madrid**

Today we arrive in Madrid and transfer to our hotel.

The capital of Spain, located in the heart of the peninsula and right in the center of the Castillian plain, is a cosmopolitan city, a business center, headquarters for the Public Administration, Government, Spanish Parliament and the home of the Spanish Royal Family.

Overnight in Madrid.

Included Meal(s): Dinner, if required.

**Day 2 Madrid & The Prado**

This morning we have a panoramic tour of broader Madrid, terminating at the Prado Museum for a guided tour. Our route to the museum likely takes us past Plaza Espana point and the Cervantes Monument.

Originally opened to the public in 1819, the Prado houses all of the finest works collected by Spanish Royalty as well as Spanish paintings gathered from other sources over the past two centuries. The Prado is one of the most important repositories of art in the world, including a vast collection of Italian paintings. For the purposes of our visit, however, we will concentrate on works by Spanish masters -- Velasquez, Goya, Ribera, El Greco, Zurbaran, to name a few.

After our tour, we'll head off on foot for an informal stroll up Gran Via and into the old quarter of Madrid. You'll then have free time for lunch and an afternoon of independent exploration. Your Tour Leader can help you plan your free time, with recommended shopping, other historical sites and galleries. You may want to visit the nearby Reina Sofia for the important modern art collection, including Picasso's masterpiece, "Guernica." Or visit the Museo Naval, one of the world's most important Navy Museums, to learn about the history of the Spanish Armada.

Overnight in Madrid.

Included Meal(s): Breakfast and Dinner

**Day 3 Madrid - Cordoba: City Tour**

Today we travel by fast train to Cordoba (+/- 2 hours), crossing the Despenaperros Mountains and the border pass between Castile and Andalucia.

During our time in Cordoba (a World Heritage City), we will gain a sense of the city's long and varied past and multicultural nature. Our tour starts at the Roman Bridge and the Calahorra Tower, an Arab defensive tower. Next we arrive at the Mezquita-Catedral, or Great Mosque of Cordoba, one of the oldest structures still standing from the time Muslims ruled Al-Andalus. The buildings on this site are as complex as the extraordinarily rich history they illustrate. Historians believe that there had first been a temple to the Roman god, Janus, on this site. The temple was converted into a church by invading Visigoths who seized Cordoba in 572. Next, the church was converted into a mosque and then completely rebuilt by the descendants of the exiled Umayyads -- the first Islamic dynasty who had originally ruled from their capital Damascus (in present-day Syria) from 661 until 750.

We visit the Alcazar fortress, built by King Alfonso XI, and containing mosaics and sarcophagi. Finally we will have a stroll in the Jewish Quarter where the synagogue is located.

Please note: Our official meal plan for today is "breakfast & dinner"; however, due to other variables, however (such as hotel location), your Tour Leader may choose to include lunch instead of dinner today. You will, of course, be advised in advance.

Overnight in Cordoba.

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Included Meal(s): Breakfast and Dinner

#### Day 4 Cordoba - Granada

Our tour continues to Granada, set in the heart of Andalucia with the majestic Sierra Nevada mountains as a backdrop. Conquered by the Moors in AD 711, Granada blossomed into one of Europe's wealthiest and most refined cities. The legacy of Granada's rich history and heritage remain visible throughout the city centre with its cobblestone streets and lovely plazas. In 1992 Granada celebrated the 500th anniversary of the Christian re-conquest by the Catholic Monarchs, Ferdinand, and Isabella.

On arrival we visit the Royal Chapel, featuring tombs carved out of marble by the Tuscan sculptor Domenico Fancelli. As both Queen Isabel and King Fernando died before the Royal Chapel was finished, they were first buried in the Friary of San Francisco in the Alhambra. They were then later moved to the chapel once it had been completed, and buried alongside King Felipe and Queen Juana. Although their original idea was for all future Spanish Kings and Queens to be buried here, this did not happen as the monastery in El Escorial was used instead.

Overnight in Granada.

Included Meal(s): Breakfast and Dinner

#### Day 5 Granada: The Alhambra

The focus of our sightseeing today is Granada's main attraction, the Alhambra, a mighty fortress that houses an extraordinarily delicate and beautiful Moorish palace begun in the 13th century. This was the palace of the Nasrid Sultans, rulers of the last Spanish Moorish Kingdom. A fantasy of "lace in stone" surrounded by arabesque gardens and fountains, it affords superb views of the Old Quarter and Sacromonte, a mountain occupied by gypsy cave dwellers. In many ways, the Alhambra represents the Moorish concept of life itself -- something glorious to be ennobled by learning and enlivened by every kind of pleasure. We also visit the nearby Generalife Gardens.

The balance of the day is at leisure for independent exploration, or you can join your Tour Leader on an informal stroll in the city's old Moorish quarter of the Albaicin.

Overnight in Granada.

Included Meal(s): Breakfast and Dinner

#### Day 6 Granada - Reserva Tauro - Ronda: Town Tour

We continue our tour (by road) to Ronda, a historic town located on a towering plateau in the mountains of Malaga Province. En route we visit Reserva Tauro, a 500 acre bull and horse breeding farm. Here we have the opportunity to get close to bulls and gain an understanding of the culture without attending a bull fight. Of course this cultural/historical practice is controversial, but the farm does a good job in presenting bull fighting in an even, objective way without in any way promoting or excusing it.

In Ronda, we will walk around the old town where you will learn the origins of this ancient town where Romans, Arabs, and Christians left their traces. We visit the Mondragon Palace, built in a Mudejar style. Ronda is famous for its dramatic escarpments and views, and for the deep El Tajo gorge that carries the rio Guadalevin through its centre. We suggest a walk to the 18th century Puente Nuevo 'new' bridge, which straddles the 100m/328 ft chasm below, for its unparalleled views out over the Serrania de Ronda mountains.

Overnight in Ronda.

Included Meal(s): Breakfast and Dinner

## Day 7 Ronda - Pileta Caves - Olive Oil Tour - Sevilla

Today we travel to Seville via a stop at the well-preserved rock paintings at the Pileta Caves (walking required on wet stone with no hand rails - speak to your leader for further guidance). The 25,000 year old Neolithic and Paleolithic drawings of black, ochre, and red are mostly just lines or patterns, but there are also horses, goats, cattle, and a rare giant fish, made from a mixture of clay and fat. This is not a well-developed tourist attraction; you must be steady on your feet and prepared for some slow walking.

We then follow the route known as "the Route of the White Villages" for the singularity of the scenery. The villages -- Pueblos Blancos -- are a series of whitewashed towns and villages in the northern part of the provinces of Cádiz and Málaga, mostly within the Sierra de Grazalema Natural Park. These charming settlements feature whitewashed houses festooned with pots of colourful flowers, mountain vistas, and traces of the Islamic and Christian past.

For a bit of a break we stop briefly in the White Town of Grazalema, a white hill down nestled in Grazalema National Park, before continuing to a visit to one of the region's olive oil producers for a tour and lunch (included instead of dinner today). The region is renown for extra virgin olive oil, which transmits all the aroma, the flavour, and the essence of the olive groves of Zahara de la Sierra. The process is difficult and extreme, with steep slopes which require manual caretaking and harvesting; the reward is a very fruity, sweet, and gentle flavour partly due to high rainfall in the area. We will learn all about this process and have a chance to taste both the oil and the wine also made locally. Our visit will culminate with a lunch typical of the region with an assortment of tapas, local cheeses, fruits and other sweets (vegatarians are well-catered for).

After a relaxing lunch, we proceed to Sevilla arriving late afternoon. Though we don't include dinner this evening, our hotel is well-placed and your Tour Leader will provide suggestions for your free time.

Overnight in Sevilla.

Included Meal(s): Breakfast and Lunch

## Day 8 Sevilla: City Tour

Sevilla, the fourth largest city in Spain, is the picture-perfect image of Andalucia, complete with restored Andalusian architecture, orange groves, flower-filled patios, and castanet-rattling Gypsies.

While in Sevilla we visit the largest cathedral in Spain, built in a Gothic style with lovely stained glass windows, choir, and chapels. We visit the Giralda Tower, with its spectacular views of the city. We will also see the Moorish Alcazar Palace, a 14th century palace, the oldest royal residence in Europe and still in use.

Later we will walk along the Guadalquivir riverbank and view historic monuments like the Maestranza Bullring, the Torre del Oro, and the Monument to the Tolerance by Eduardo Chillida.

Overnight in Sevilla.

Included Meal(s): Breakfast and Dinner

## Day 9 Sevilla, Spain - Lisbon, Portugal

Today we fly from Sevilla to Lisbon.

The capital of Portugal since its conquest from the Moors in 1147, Lisbon is a legendary city with over 20 centuries of history. This was the centre of Europe's first and largest overseas empire and, as a result, the city still has a feeling of colonial elegance.

Overnight in Lisbon.

Included Meal(s): Breakfast and Dinner

### Day 10 Lisbon: City Tour

Today we explore Lisbon, Portugal's hilly capital. Lisbon is Europe's second-oldest capital (after Athens), once home to the world's greatest explorers like Vasco da Gama, Magellan and Prince Henry the Navigator, becoming the first true world city, the capital of an empire spreading over all continents, from South America to Asia.

This city is truly an enticing tangle of past and present, funky and old-fashioned, restored and revitalized. For many this is one of Europe's most enjoyable cities. We will explore many of Lisbon's most colourful neighbourhoods on foot. Bairro Alto and Chiado are picturesque working class quarters dating from the 16th century that have traditionally been the city's bohemian haunt of artists and writers. A stroll through the Moorish Alfama district takes us through a tangle of medieval streets topped by São Jorge Castle. Baixa is Lisbon's historic downtown (lower town), gridded with streets and dotted with major squares.

You will have some free time this afternoon for independent exploration. If you'd like to explore Belem and Jeronimos Monastery, please consult with your Tour Leader on to best accomplish this optional activity, noting that we do not include it with our formal group program due to long waits and crowding. Should authorities introduce changes to reduce congestion, this site may be reintroduced on a TBA basis.

Overnight in Lisbon.

Included Meal(s): Breakfast and Dinner

### Day 11 Lisbon - Obidos - Nazare - Fatima - Leiria

Today we travel by road northward to Obidos, a medieval symbol of narrow streets surrounded by walls. Obidos is known for its typical white houses with blue trim, flowered windows, narrow streets and steps paved with beautiful stone. On arrival in Obidos we embark on a walking tour, passing through the 18th century entry arch covered in glazed tiles (azulejos). Small bright white houses lining narrow cobblestone streets, flower pots on window-sills, Gothic and Renaissance churches -- especially the beautiful Church of Santa Maria -- reminds of the importance of Obidos's past.

We continue to Nazare, the most famous fishing town in Portugal. En route we can detour to Batalha for a photo stop at its famous monastery before enjoying the brightly coloured rowing-boats moored on the beach bathed by the Atlantic Ocean. A superb view is enjoyed from the "Sitio" for where you may observe women still wearing the traditional seven-skirted costumes near the Nossa Virgem de Nazare Basilica, an important pilgrimage centre.

Our final stop is nearby Fatima, the well-known Roman Catholic Marian shrine. We visit the Basilica and the Chapel of Apparitions that marks the spot where the three shepherd children had visions in 1917. We continue to Leiria, a charming town with small homes over archways and behind graceful arcades.

Overnight in Leiria.

Included Meal(s): Breakfast and Dinner

### Day 12 Leiria - Coimbra - Bussaco - Viseu

This morning we travel to the university town of Coimbra, home to a long, rich history, culture and centuries-old architecture. And, of course, a world-renowned university, the oldest in Portugal and one of the oldest in Europe. This was Portugal's medieval capital for more than a century; its steeply-stacked historic centre dates to Moorish times and is wonderfully atmospheric, with its dark cobbled lanes and monumental cathedral.

We visit the 12th century Se Velho Cathedral and 13th-century university with its magnificent library, Manueline doors and chapel. We also visit the Alameda Gate, the Cathedral, Santa Cruz Church, and the Machado de Castro Museum, mostly to see the Roman Tunnels on which the museum is built.

After a break for lunch and some free time, we continue to the nearby small town of Bussaco, known for its collection of national and imported trees -- over 400 native species of plants and 300 varieties brought home by Portuguese explorers from such far flung places as Mexico, Japan and Africa. The Portuguese royal family liked Bussaco forest so much they had a summer palace and hunting lodge built in the centre of the woods, now a posh hotel (which may or may not be open to non-residents). This was also the site of the 1810 Battle of Buçaco,

where Napoleon's troops were defeated, marking the turning point in his attempted invasion of Portugal; the Duke of Wellington slept in the convent during the conflict.

After about an hour to stroll and perhaps enjoy a coffee or an ice cream, we'll depart Bussaco for Viseu.

Overnight in Viseu.

Included Meal(s): Breakfast and Dinner

### Day 13 Viseu - the Douro Valley - Porto

This morning we'll walk through Viseu's historical zone. The city's name goes back to the end of the Roman Empire and the early Middle Ages, and is derived from the Roman term "viso," meaning "good view." Indeed, original settlement was located at its highest point. Of the various monuments we encounter on our stroll, the three highlights are the Cathedral, the Misericordia Church, and the Synagogue.

We then continue on a picturesque drive through a landscape speckled with granite houses with wooden or wrought-iron balconies, before entering the Port Wine region, the Douro Valley, a UNESCO protected site. This was, in fact, the world's first demarcated wine region, established in 1756. Evidence of the port industry can be seen along the valley with all the famous company names -- Cockburns, Taylors, Sandeman and others -- appearing on large placards on the hillsides.

En route we will stop for a cellar tour, tasting, and lunch (included today).

We will also stop in Amarante to visit the local market before continuing to Porto (dinner on your own this evening).

Overnight in Porto.

Included Meal(s): Breakfast and Lunch

### Day 14 Porto: City Tour

Today will be spent exploring Porto (Oporto), the '2nd city' of Portugal.

Located along the Douro river estuary in northern Portugal, Porto is one of the oldest European centers, and the atmospheric ancient port is steeped in history and tradition. With 2,000 years of history, the settlement of the city dates back to when it was an outpost of the Roman Empire. During the Roman era the city gained prominence as a commercial port, primarily for trade between Lisbon and Braga. Today the western part of the city limits extend right to the coastline of the Atlantic Ocean.

The city was built along the hillsides overlooking the mouth of the Douro River, and has an outstanding urban landscape. The continuous growth of the city has always been linked to the sea (the Romans gave it the name Portus, or port), and can be seen in the many and varied monuments. Porto is rich with well-preserved treasures, including monuments in the Romanesque, Gothic, Baroque and Neo-classical style. The historical center of Porto preserves a strong identity forged over many centuries, and in 1996 UNESCO included it on its World Heritage list. Strategically close to the Atlantic coast, at a natural intersection of the routes travelled by people from both north and south, the city has always played an important role in international trade.

We will wander through Porto's lively city center, and see the Old Quarter, the modern districts, and the low section that fronts the River Douro. Our walking tour of Porto's riverfront Ribeira district will include the lavish rooms of its neoclassical Stock Exchange Palace, the exquisitely gilded Church of Santa Clara (closed for renovation - outside only), the Cathedral and the São Bento Train Station. The alluring district of Ribeira is a crumbling but fascinating place made up of medieval streets and alleyways, including the riverfront square ("Praça da Ribeira"). During our time here we will see the Church of Sao Francisco which dates to the 13th century. Along with being the second-largest Portuguese city after Lisbon, Porto is also one of the most prominent urban areas in Southern Europe.

This afternoon we will leisurely cruise along the Douro River.

Overnight in Porto.

Included Meal(s): Breakfast and Dinner

### Day 15 Departure

Departure from Porto.

BOA VIAGEM!!

Included Meal(s): Breakfast