TOUR CODE

PS2

ADVENTURESABROAD

PORTUGAL & NORTHERN SPAIN

15 days

Updated 06/01/2013

Day 1 *Arrival in Lisbon*

Today we arrive in Lisbon.

The capital of Portugal since its conquest from the Moors in 1147, Lisbon is a legendary city with over 20 centuries of history. This was the centre of Europe's first and largest overseas empire and, as a result, the city still has a feeling of colonial elegance.

Overnight in Lisbon. Meal plan: Dinner, if required.

Day 2 *Lisbon: City Tour*

Lisbon is an enticing tangle of past and present -- funky and old-fashioned, unpretentious and quirky, restored and revitalised, booming with new confidence. With cultural diversity combined with a laid-back ambience and an architectural time-warp, this is one of Europe's most enjoyable cities.

Today's half-day city tour takes us along the banks of the River Tagus and the Belem Tower guarding the mouth of the river. We visit Jeronimo's Monastery with the tomb of Vasco da Gamma. We continue on to see Alcantara, Praca do Comercio, and the House of Pointed Stones.

We also drive along the Avenida da Liberdade, a fashionable tree-lined street through the centre of town. We continue on a walking tour through the oldest quarter Alfama, Baixa, Rossio, Restauradores, and Avenida da Liberdade. Afternoon at leisure.

Overnight in Lisbon. Meal plan: Breakfast and dinner.

Day 3 *Lisbon - Obidos - Nazare - Fatima - Leiria*

Today we travel by road northward to Obidos, a medieval symbol of narrow streets surrounded by walls. Obidos is known for its typical white houses with blue trim, flowered windows, narrow streets and steps paved with beautiful stone. On arrival in Obidos we embark on a walking tour, passing through the 18th century entry arch covered in glazed tiles (azulejos). Small bright white houses lining narrow cobblestone streets, flower pots on window-sills, Gothic and Renaissance churches -- especially the beautiful Church of Santa Maria -- reminds of the importance of Obidos's past.

We continue to Nazare, the most famous fishing town in Portugal. Among the brightly coloured rowing-boats moored on the beach bathed by the Atlantic Ocean, one may watch the fisherfolk bring in the nets. A superb view is enjoyed from the "Sitio" for where you may observe women still wearing the traditional seven-skirted costumes.

Our final stop is nearby Fatima, the well-known Roman Catholic Marian shrine. We visit the Basilica and the Chapel of Apparitions that marks the spot where the three shepherd children had visions in 1917. We continue to Leiria, a

charming town with small homes over archways and behind graceful arcades.

Overnight in Leiria. Meal plan: Breakfast and dinner.

Day 4 *Leiria - Coimbra - Bussaco - Urgeirica*

This morning we travel to the university town of Coimbra, known for its twisting streets and terraced houses. We visit the 12th century Se Velho Cathedral, and 13th-century university with its magnificent library, Manueline doors and chapel. We also visit the charming and elegant 16th century Museu Nacional Machado de Castro, formerly the Bishop's palace and now the depository of some of Portugal's finest sculpture. On display is a mixture of other items including ancient art up to the 20th century.

We continue through the lovely Bussaco, a mountain forest located just northeast of Coimbra. Bussaco is a delightful refuge of cypress groves, ferns, statues, fountains, and formal gardens.

Overnight in Urgerica. Meal plan: Breakfast and dinner.

Day 5 *Urgerica - Douro Valley - Porto*

We depart today for a picturesque drive through a landscape speckled with granite houses with wooden or wrought-iron balconies, before entering the Port Wine region, the Douro Valley, a UNESCO protected site. This is port country and was, in fact, the world's first demarcated wine region, established in 1756. Evidence of the port industry can be seen along the valley with all the famous company names -- Cockburns, Taylors, Sandeman and others -- appearing on large placards on the hillsides. En route we will stop for a cellar tour and tasting.

We will also stop in Amarante to visit the local market and have a brief stop in Viseu to walk through the historical zone before continuing to Porto.

Overnight in Porto. Meal plan: Breakfast and dinner.

Day 6 *Porto: City Tour - Braga - Guimaraes - Porto*

This morning we enjoy a tour of Porto, a World Heritage city. We will see the Church of Sao Francisco which dates to the 13th century. This was originally a Gothic church and has a fine rose window at its entrance. Walls, vaulting, and pillars are generously covered with carved and gilded wood vines, grapes, birds, angels, cherubs; a forest of carved, gilded wood covers the high altar. We will also see the Old Quarter, the modern section of the city, and the low section, fronting the River Douro.

After lunch we will travel to Braga, a city famous for its churches, last count surpassing 300! As the religious centre of Portugal, Braga boasts the highest number of churches per capita in Christendom. The strategic location has always made it ripe for occupation and development. The Goidelic Celts, also known as the Bracari, are believed to have founded the city and given it a name several thousand years ago. The Romans occupied it in 250 BC and made it the hub of five major roads, all leading to Rome. Through them Christianity and the first Bishops of Braga eventually came. The Suevians over ran the city in AD 409, but were replaced in 485 by Visigoth invaders, who, in turn, were vanquished in 711 by a Moorish army. For more than three centuries, the Christians and the Moors jousted over Braga, until the Muslims were finally expelled at the end of the 11th century. In the old quarter of Braga, we will explore the ornate Renaissance and Manueline palaces, baroque churches, and narrow medieval streets.

Later we will proceed to Guimaraes, birthplace of Portugal's first king and for 2012, European Capital of Culture. In this charming town (a UNESCO site) we offer a walking tour of the old mediaeval quarter. We begin in the Largo da Oliveira, with its varying styles of architecture. As we walk through the Old Quarter, notice the window boxes with fresh, colourful spring flowers. On our walk you will see workshops, bakeries, stores, and the like operating like time has never passed.

Overnight in Porto. Meal plan: Breakfast and dinner.

Day 7 *Porto, Portugal - Santiago de Compostela, Spain*

Today we travel by road to Santiago de Compostela (approx 2 hours). Built of golden granite, Santiago is one of the most beautiful of all Spanish cities. The medieval city has been declared in its entirety a national monument, and remains remarkably integrated, all the better for being almost completely pedestrianized. The buildings and the squares, the long stone arcades and the statues, are hewn from the same granite blocks and blend imperceptibly one with the other, often making it impossible to distinguish ground level from raised terrace.

Depending on our time of arrival, we may accomplish some of our sightseeing today after we check in to our hotel.

Overnight in Santiago de Compostela. Meal plan: Breakfast and dinner.

Day 8 *Santiago de Compostela: City Tour*

This morning we have a walking city tour of Santiago, a UNESCO World Heritage city. Our tour begins at Obradoiro Square where some of its more prominent monuments can be seen: the Archbishop's residence which preserves some 12th century lounges; the Town Hall, former Raxoy Palace, with its classical facade; the San Jeronimo College, whose facade shows Roman influences.

We also include the city's famous cathedral, a truly grand building adorned with many statues of St James in his familiar pilgrim guise with staff, broad-brimmed hat, and scallop-shell badge. The cathedral's highlight is the Portico de Gloria, with its striking Romanesque sculpture of a host of figures. Christ presides over the main door, flanked by his Apostles, and surrounded by 24 Elders of the Apocalypse playing music. Saint James sits on the central column beneath Christ. So many pilgrims have prayed at this spot with their fingers pressed in to the roots of the marble Tree of Jesse below Saint James that five deep holes have been worn into the marble.

We also visit the Cathedral Museum, the Cloister and finally, the Platerias Gate, the only Romanesque one that is still preserved. You will have some time this afternoon for independent exploration.

Overnight in Santiago de Compostela. Meal plan: Breakfast and dinner.

Day 9 *Santiago de Compostela - Leon*

This morning we take the train (2nd class) to Leon.*

On arrival in Leon we visit the San Isidoro Collegiate Church, an important piece of western Romanesque, where 23 kings and queens are buried. The cathedral was built in the middle of the 13th century in a gothic style similar to the French cathedrals and is famous for the beauty of more than 100 glazed windows. We also see the facade of the Old Covent of San Marcos, a Spanish Plateresque masterpiece.

Time at leisure.

* NOTE: We use the rail system quite extensively on this tour. YOU MUST BE ABLE TO MANAGE YOUR OWN BAGS ONTO / OFF TRAINS AND IN TRAIN STATIONS. Packing lightly is essential.

Overnight in Leon. Meal plan: Breakfast and dinner.

Day 10 *Leon - Bilbao*

Our Leon sightseeing continues this morning with the old quarter of the city, which conserves a large part of the medieval wall and some remains of the original Roman wall. One can also find the Casa de Botines, a neo-gothic building and an excellent example of the architecture of Antoni Gaudi.

Later today we travel by train (2nd class) to Bilbao,* tucked into the deep lush folds and clefts of Euskadi's coastal range. The name is "Bilbo" in Basque, but its inhabitants prefer to call it the "botxo," Basque for hole, or orifice. The orifice was originally a scattering of fish hamlets, huddled on the left bank where the hills offered some protection from the Normans and other pirates.

* NOTE: In the event that train schedules have us travelling over the dinner hour, we may include lunch today instead of dinner.

Overnight in Bilbao. Meal plan: Breakfast and dinner.

Day 11 *Bilbao: The Guggenheim*

This morning we visit the newest and biggest attraction in Bilbao, the Guggenheim Museum. The 31 329 sq m (349,000 sq foot) colossus is one of the focal points of a $1.5 billion redevelopment plan for the city. The Frank Gehry design features a 50 m- (165 foot-) high atrium, more than one-and-a-half times the height of the rotunda of Frank Lloyd Wright's Guggenheim Museum in New York. The museum is devoted to American and European art of the 20th century, featuring the works of such renowned artists as Kandinsky, Mondrian, Picasso, Ernst, Pollock, Lichtenstein, Oldenburg, Serra, and others.

We also explore the Old Town of Bilbao on a walking tour. We travel back in time to Medieval Bilbao with its cobbled streets, charming corners and squares, and trace its development through the centuries.

Overnight in Bilbao. Meal plan: Breakfast and dinner.

Day 12 *Bilbao - Barcelona*

Today we fly to Barcelona.

Barcelona, located on the Mediterranean Sea in the very north of the Spanish coast, is certainly the most cosmopolitan and economically active city in this country. Of course, Barcelona has an long history, and there are monuments of Romanesque, Gothic and Renaissance periods and before, but most characteristic is what has been built during the last 100 years.

Depending on the timing of today's flight, we may accomplish some sightseeing today upon arrival.

Overnight in Barcelona. Meal plan: Breakfast and dinner.

Day 13 *Barcelona: City Tour*

This morning we will embark on our Barcelona sightseeing programme (mostly on foot - leisurely pace). Our first stop is Parc Guell, a beautiful place in the morning. We have time to visit the Casa Gaudi with its collection of Gaudi-designed furniture. We'll walk through the Parc, ending up at the main entrance to visit the terrace and pavilion unit and Doric columns.

We continue by bus to Barcelona's most famous and most photographed attraction -- La Sagrada Familia Cathedral (Cathedral of the Holy Family), an amalgam of fantasy and Gothic impulses, and Gaudi's most unique piece of architecture. Our bus stops on the side of the Nativity facade (north) from where we walk around to the Passion facade. We explore the interior and also visit the cathedral museum during our stop.

Balance of the day at leisure.

Overnight in Barcelona. Meal plan: Breakfast and dinner.

Day 14 *Barcelona: City Tour*

Today we begin with a stroll down the avenue of Las Ramblas, the exotic "spine of Barcelona," with a stop to look at Casa Mila, another Gaudi creation. We continue to Placa Catalunya and Placa Reial via the central market, St Josephis; a very lively place, crowded with stalls selling caged birds and lush plants and the constant clamor of people haggling and selling.

We then walk into Barri Gotic, a densely-packed area of narrow lanes with a fascinating mixture of medieval and stately Renaissance buildings. Then it's onto the Picasso Museum for a +/- 60 minute visit.

Balance of the day at leisure.

Overnight in Barcelona Meal plan: Breakfast and dinner.

Day 15 *Departure*

Departure from Barcelona.

BUEN VIAJE!